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NOW

EXCLUSIVE

**TOWIE in
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FERNE

'Guess
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SLEPT
WITH!'

JESSICA

Secret
celeb
BOYFRIEND

**KIM'S EX
NANNY
TALKS
TO NOW**

'Secrets
I kept for
20 years'

ON BRUCE 'I'm sure Kris knew
about Caitlyn all along'

ON KRIS 'Controlling & insecure
– she'd cry on my shoulder'

ON KIM 'She spent most of the
time in front of the mirror'

GEMMA

'I'm DATING
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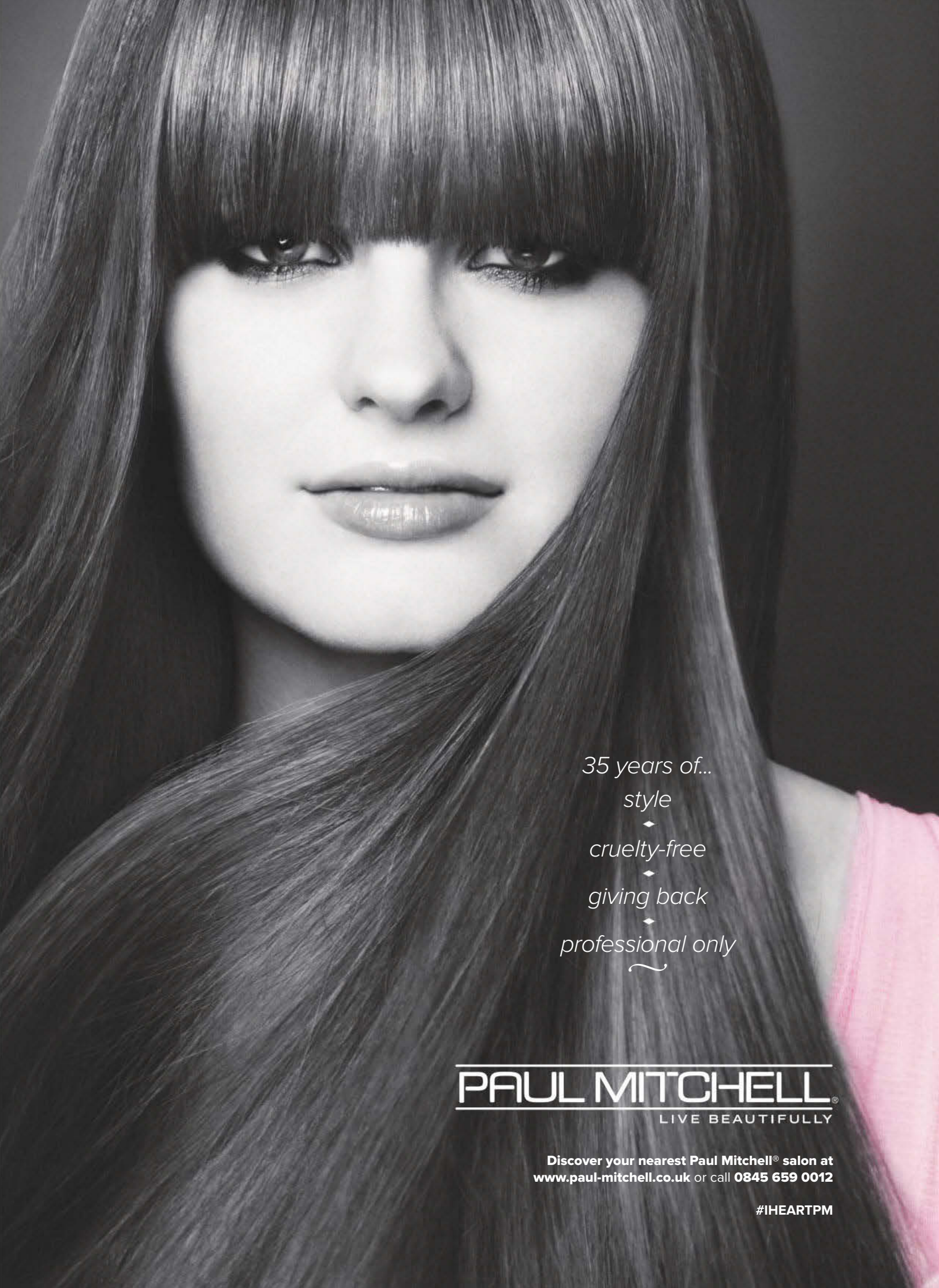
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She's so Now

Spend it like Beckham

Victoria Beckham stepped out in New York last week and revealed she's ruled out having any more babies – 'I feel like I've done my bit' – while she concentrates on expanding her fashion empire. And the best news? Posh, 41, is planning a high street collaboration! Form an orderly queue, ladies.

Meanwhile, I caught up with the fantastic Stephen Mulhern last week. Turn to p22 to read our interview

where he reveals he's on the lookout for love. Enjoy the issue!



Watch now...



Who are the winners and losers in the Essex Awards? See what happened when Now went to Marbs with TOWIE at nowmagazine.co.uk/towieawards



We take you on a tour of the glamorous Love Island villa in Mallorca with Caroline Flack – watch it all at nowmagazine.co.uk/loveislandtour



Posh frocks for all of us!

Catwalk looks for less, p68

This week's hottest buys, p62

Designer vs high street beauty, p77

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This week's **Love** juice

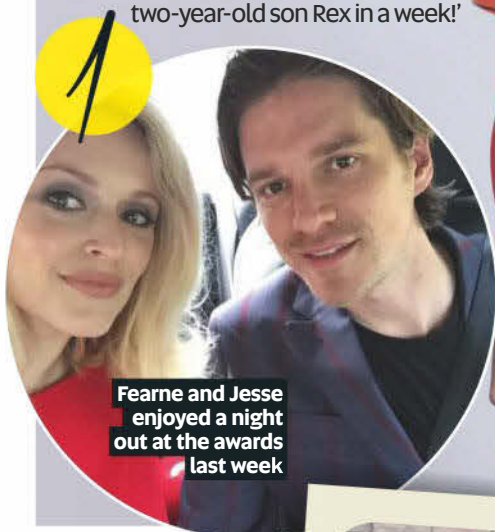
Who's **dating**, **mating** and **hating**

Bumps, boys & big nights out

Parties and potty training

Fearne Cotton & Jesse Wood

After leaving Radio 1, pregnant Fearne, 33, is making the most of her new-found freedom. On a date night with hubby Jesse, 38, at the Glamour Woman Of The Year Awards, she said: 'I've been baking, cooking and I potty trained my two-year-old son Rex in a week!'



Fearne and Jesse enjoyed a night out at the awards last week



Dale baby!

Charley Webb & Matthew Wolfenden

Congrats to *Emmerdale* power couple Charley, 27, and Matthew, 35, on their pregnancy announcement. Their five-year-old son Buster is set to 'expire' as their only child in December, according to this Instagram snap.



Charley and Matthew's hilarious pregnancy reveal

Another boy!

Frankie & Wayne Bridge

As her bump continues to grow, *The Saturdays* star Frankie, 26, has revealed she's expecting a second son with husband Wayne, 34. Despite not being due for two more months, Frankie revealed doctors said they'd prefer to do another C-section as there's a chance the baby will be 'big'. Good luck, Frankie!

Iggy Azalea & Nick Young

Rap star Iggy, 24, is looking all kinds of Fancy – showing off her (ridiculously huge) ring after her engagement to basketballer fiancé Nick, 30. Congrats!



Louise Thompson & Alik Alfus

MIC's Lou, 25, is devastated after boyfriend Alik, 25, told her he's planning to move back to the US. There's always Skype?



LOVE ladder

Alexa Chung & Alexander Skarsgård

Could it be true love for Alexa, 31, after going public with the 38-year-old star of American vampire show True Blood? We think so!



David Walliams & Lara Stone

Despite their 'trial separation' in March, it seems all hope's gone for BGT's David, 43, after Lara, 31, has been linked to hunky photographer Matt Easton.

Cooling off

Hotting up



Honeymoon hangovers?

Mark Wright & Michelle Keegan

It looks like it's been one long shot o'clock for newlyweds Mark and Mich, both 28, over in the Maldives. Mark uploaded a video knocking back drinks with his stunning wife, writing: 'If I jump she jumps, If she jumps I jump. #thewrights'

Model baby

Abbey Clancy & Peter Crouch

Abbey, 29, and football star Peter, 34, welcomed their second child this week. Little Liberty Rose was born 6lb 8oz, with model mummy Abbey Tweeting: 'How will I ever sleep again? Can't stop staring at my beautiful baby! My little angel.' Aww



Peter Crouch

So pleased to welcome liberty rose to our family ❤️❤️ mummy and baby doing great xx

Up all night

Niall Horan & Ariana Grande

During his time off from touring, 21-year-old Niall seems to only be going in One Direction – and that's wherever American pop princess Ariana, 21, is heading while she's in London. The Irish star was spotted waiting in the wings during her show at the O2 before she was later seen 'leaving his mansion at 3am'. Hmm!



Niall was spotted backstage at Ariana's concert at London's O2



Crush corner

SCOTT EASTWOOD, 29

Stripping off and splashing around in the sea, Scott proved his father Clint Eastwood isn't the only star in the family. The actor and model was snapped shooting a Davidoff Cool Water ad. Drool.





KARDASHIANS' NANNY TALKS TO NOW

Only in
Now

'SECRETS I KEPT FOR 20 YEARS!'

Former Kardashian nanny Pam Behan reveals all about Caitlyn Jenner's identity struggle as Bruce...

The world was sent into a frenzy last week as Caitlyn Jenner – formerly known as Bruce – introduced herself on the cover of *Vanity Fair* magazine. With messages of support flooding in from the Kardashian family and celebrity friends, Bruce has finally bowed out of the public eye as Caitlyn takes centre stage. Sassy, confident and finally happy in her own skin, Caitlyn, 65, is no longer the hen-pecked husband of momager Kris Kardashian but a strong, independent woman in her own right.

But it's been a long journey. Here, the family's former nanny Pam Behan, 46, talks exclusively about Caitlyn – who for this interview she'll refer to as Bruce, as he was known then – and reveals what life was really like in the Kardashian household...

Pam, you lived with Caitlyn as Bruce while being on hand 24/7 for the Kardashian children. So, knowing Bruce, do you think he was forced to reveal his true identity after he was caught dressing up as a woman by his daughters Kendall and Kylie?

That could very well be. I think he always wanted to tell them but when is a good time to tell your children?

Never. He was almost forced to when Kendall found out, but maybe that was a sense of relief for him too. I

imagine a huge weight came off his shoulders after the interview [with Diane Sawyer in April] was shown. He doesn't have to live what he describes as a 'lie' any more. I'm relieved for him.

Do you think Bruce worried his transition might be used as a storyline on Keeping Up With The Kardashians? Absolutely.

On the show they'd do anything for ratings and viewers, so I do believe he was nervous. It's not a joke – it's his life. It's something he's been a prisoner of for all of his life. The timing is perfect after the divorce – his children are all grown up now. It's now or never and, like he said, he doesn't want to look back and one day regret not doing something. This is very real.

So when did you find out Bruce considered himself a woman?



So long, Bruce... Caitlyn the cover star is born

Why Caitlyn ditched the 'K'

Caitlyn decided not to keep up with the Kardashians by spelling her name without a K. A source explains: 'Bruce had the name Caitlyn in his head from the 80s, before he even met Kris. Spelling it with a K and becoming a part of the Kardashian brand would definitely undermine her goal.'

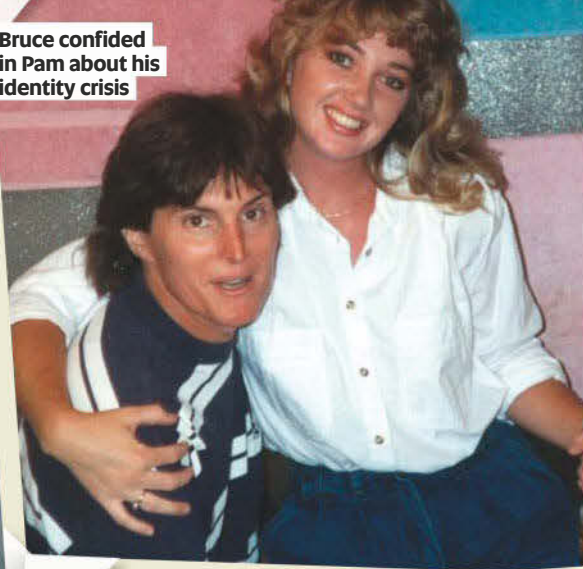
About 20 years ago. I spent a lot of my time with Bruce [Pam was originally nanny to Brandon and Brody Jenner, Bruce's children from his marriage to Linda Thompson] and he confided in me one day that he struggled with his identity. The conversation came up when he was talking about plastic surgery. My first thought was: 'Why would you take a knife to that face?' He was a gorgeous man. I was questioning him on that and why he struggled with his identity. We spoke about it for

NINNY

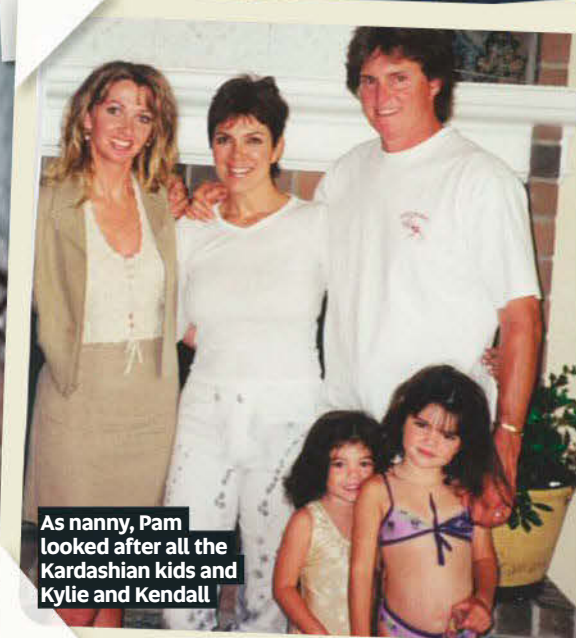
The
BIG
Story



Bruce confided in Pam about his identity crisis



As nanny, Pam looked after all the Kardashian kids and Kylie and Kendall



Hanging out with the kids 24/7

a bit and I can't remember the exact words he used, but I didn't think it was that major a deal. He became very depressive after the divorce with Linda and I thought it was a phase that would pass.

So did you ever speak to him about it again?

Bruce had days where he was depressed and I kind of blamed it on that. He always had a feminine

quality – he was more like a girlfriend. He was sweet and understanding– he cared about what happened to me. When I started the job I was very insecure, coming from a small town to living with celebrities in LA, and he gave me such drive and confidence. It's the same driven attitude that won him a

'HE WAS CARING, LIKE A WOMAN'

gold medal that's now pushing him through this stage in his life.

Did you ever catch him wearing women's clothes?

I didn't notice him wearing make-up or dressing up but I did think that for an Olympic champion his

pecs were very soft – they were more like man-boobs, but I never brought up the word ever. He told me once he never wanted to stop working out in the gym and now I know there's more to it than that.

Do you mean his oestrogen hormone medication?

Yes.

TURN FOR MORE ➡

The BIG Story

✦ **In the Vanity Fair interview Caitlyn says she considered suicide during her transition. Were you ever worried about Bruce?**

We talked a lot and he confided in me about most aspects of his life. When he first met Kris he'd come back from the dates and was like a giddy teenager and was desperate for me to meet her. I was cautious because I knew he was feeling depressed and thought it was a rebound fling.

What do you know about Kris and Bruce's relationship after she learnt about his gender identity issues?

I believe Kris was very accepting, I believe she knew all along. How could he have 36B breasts and his wife not notice? Behind closed doors, she was accepting.

'KRIS WAS ACCEPTING AND KNEW ALL ALONG'

What was the breaking point? Do you think Kris refused to stay married if he went public with his new transgender identity?

I think they lived separate lives for many years despite being in the same house. Kris does her thing and Bruce did his – they just became good room mates and were compatible. I think the fire in their marriage was gone a long time ago.

Was their marriage beyond repair after they allowed the TV show to be filmed?

Yes. On the show when Kris was criticising him for his clothes, she'd do that on a daily basis. She would treat him with no respect and I never liked that.

How would you describe Kris's ambition – is she most obsessed with money, fame, power or control?

All of those things. They boil down to an insecure person, which sounds crazy I know, but I'm one of the few people who've seen the other side of her. There were moments when she would let down her walls and weep when no one was watching and



'FOR CAITLYN IT WAS NOW OR NEVER'

'Be free now pretty bird'

How the Kardashians reacted to Caitlyn

As well as thousands of well-wishers, Caitlyn also received messages of support from her family. Her stepdaughter Kim Tweeted: 'How beautiful! Be happy, be proud, live life YOUR way!'

Khloé added: 'We were given this life because you were strong enough to live it! I couldn't be prouder!!!' And Kourtney said:

'Freedom! Stunning.' She then added: 'Get the Porsche out the damn garage. #Caitlyn.'

Caitlyn's daughter Kendall said: 'Be free now pretty bird,' while her little sister Kylie took to Instagram with the Vanity Fair cover, posting: 'My angel on earth!'

Rob, however, had quite a

Kris has struggled with Bruce's transition to becoming Caitlyn



different response when Kim shared the pic in a group message with the rest of the family. He said: 'Kim, why are you sending me this? Who is this woman and why do I care?' Rob didn't recognise Caitlyn as his stepdad Bruce, and Kim had to explain to him, to which he responded: 'Oh my God, she's beautiful'.

Meanwhile, actress Jessica Lange loved the comparisons between her and Caitlyn, describing it as 'wonderful'.

Kourtney Kardashian @kourtneykardash · Jun 1
Get the Porsche out the damn garage.

Kim Kardashian West @KimKardashian · Jun 1
Caitlyn Jenner for Vanity Fair 📷 Annie Leibovitz! How beautiful! Be happy, be proud, live life YOUR way!

cry on my shoulder. I didn't like to see her cry, but it was nice to see her be human.

Kim was 10 when you started working for the family. What did you think of her, Kourtney, Kim, Khloé and Rob?

They were well behaved but I was extremely nervous – they were all still so young, full of life and running around. I was a wreck on the first day but I found my groove. I had to. Khloé and I spent a lot of time together. She's a feisty one but I like her honesty. Kim spent the most time in front of the

mirror. Her looks were very important to her, even back then. She was actually a pretty sweet girl. Kourtney always seemed like the most responsible. She was a little standoffish for a long time. She and Kim did fight over clothes a lot. Rob was a good kid – he was almost too good, so you'd be worried about him. He'd come home from school, sit down and do his homework, put his stuff away, go into his room and pick out his clothes for the next day. He was so organised. Then after that he'd play.

Was this the beginning of his reclusive behaviour?

Maybe so. It's almost like it's compulsive behaviour.

As someone who lived with Bruce for many years, what does his transition mean to you?

I love Bruce. He's one of my dearest friends. I couldn't be more happy or proud of him to be doing what he's doing after holding back for so many years. As soon as I saw him welling up, I broke down in tears. I'm sure he's a nervous wreck. I love that person, whether he's a man or a woman.



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Jourdan Dunn is wearing Ravishing Rose. ©2015 Maybelline LLC.

Kim's baby body crisis

'I WILL NOT GET FAT THIS TIME'

Kim Kardashian adopts her sister Kourtney's pregnancy diet plan

It wasn't so long ago that Kim Kardashian revealed she hit the lowest point in her life when pregnant with baby North, as she'd gained 5st and faced ridicule from internet trolls. So it's hardly surprising Kim's determined to keep her weight in check during her second pregnancy.

Kim, 34, who announced she was pregnant with a longed-for baby last week, has enlisted help to ensure she stays healthy in the next six

months. 'She has Kourtney as her personal motivator and Tracy Anderson as her personal trainer,' says a source. 'Tracy will be making her follow The Pregnancy Project series and has invited her friend Gwyneth Paltrow to provide motivational support for Kim too, as well as personal recipes she used to stay lean during her pregnancies.'

Kourtney, 36, who gave birth to son Reign in December, lost just over 2st of baby weight in four months, which our source reveals is Kim's goal too.

Kim made no secret of how unhappy she was with her pregnancy body first time around. 'I looked fat,' she recalls. 'I'd think God was doing it for a reason. He was

saying: "Kim, you think you're so hot, but look what I can do to you."

But her pregnancy diet sounds pretty strict. Our source says: 'Kim plans on eating a modified paleo diet, which consists of wholegrains, no white refined wheat, minimal

amounts of cheese, no-hormone meats, GM-free veggies and fish, cooking with coconut oil and non-dairy ice cream as a treat.'

But she's determined to stay healthy, resist fast food cravings and focus on family time. 'Kourtney told Kim that stress in the household is the No 1 obstacle to healthy eating,' adds our source.

'Kourt is getting North and Kim ready for what lies ahead with multiple young ones in the household - North's been hanging out with her cousins, learning how to share.' North will certainly make a fierce big sister soon!

'KIM'S FOCUS IS ON FAMILY TIME'

Kim happily indulged during her last pregnancy



... and Gwyneth will help keep her motivated

Celebrity trainer Tracy will make sure Kim stays healthy...



Now she's pregnant again, Kim's on a strict, modified paleo diet



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Now joins TOWIE for some

MARBELLA MADNESS

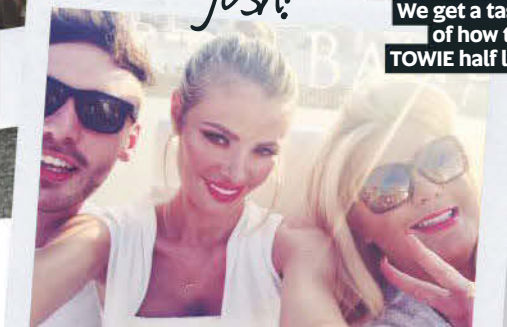
It's that time again when the TOWIE lot take over the Spanish town...



Catching up with the Essex gang as they film their 15th series in Marbella, we braced ourselves for a wild time... and were still left speechless. From sambuca shots in the sun to storming the stage at the VIP opening of the Cavalli Club, we wine, dined and danced with our fave couples and cast members from the ITVBe show – and witnessed the mayhem that's set to make this the most explosive TOWIE season so far...

Now's Josh!

We get a taste of how the TOWIE half live



TOWIE

ARG & LYDIA

'Mark & Michelle's wedding has inspired our own!'

After reuniting at the end of last series, James 'Arg' Argent, 27, and Lydia Bright, 25, are stronger than ever. 'There's 100 per cent trust now,' says Lydia.

You look so loved-up!

Lydia: It's different this time. Arg is in a good place and is a lot more sensitive. We spoke about our problems and are starting afresh.

Arg: Ever since I met Lydia, I knew she'd be the girl I'd marry.

Could we see a ring soon?

A: I wouldn't rule it out!

What type of wedding would you have?

A: We wouldn't have a clue... would we?

L: I've picked up some ideas along the way.

There were a few things at Mark Wright and Michelle Keegan's that made me go: 'Oh my God, that's so good!' but I don't want to say and spoil it.

Arg, are you scared you might fall back into your party lifestyle in Marbs?

A: I wouldn't say scared, but it's easy to slip back into old habits. I've not come this far to turn back now.

Do you work out together?

A: I get stressed if I go a few days without working out so I'll be doing lots of one-on-one boxing classes.

L: We're planning on doing some charity treks together next year.

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GEMMA:

'Chloe Sims' uncle could be The One'

If there's one person ready for Marbs, it's Gemma Collins, 34. After shedding 3st and dropping from a size 22 to 18 in just three months, she's 'in the best place ever'.

Are you glad to be back in Marbs?

It brings back so many happy memories. This time I feel one million per cent body confident. I'm going to show everyone what the GC is about.

Are you happy with your body now?

I'd definitely like to get to a size 16, but there's no rush. I haven't had a boob job, Botox or anything done.

What will you get up to in Marbs?

I'm going to be partying every night and I won't stop until I buy myself a yacht! I'm living it up P Diddy-style!

Any time left for romance?

I'm getting more attention than any of the girls - I'm on fire! I'm also meeting up with Chloe's uncle Peter while I'm here. He's a bit older and is a big time boxer who'll treat me like a princess. I'm over bad boys. My heart's been smashed, trashed and ripped apart too many times. I want someone who values and respects me.

Sounds like things could get serious...

He asked if he could take me out when I arrived here. He could be the one; I do fancy him quite a bit.

And what's next for the GC then?

I see myself in EastEnders, babe. I'd go into the Queen Vic and say: 'Get outta my pub!' to Danny Dyer. Then we'd have a little fight and fall in love. That's my dream!

MARBELLA MADNESS!



JAKE:

'Everyone hates me, but they don't know the real me'

Last series, newbie Jake Hall, 23, divided opinions with his on-off romance with Chloe Lewis, 24.

How did your first series go?

The public hated me! They didn't see the real me, though. They've just seen me be a bit of a knob.

How are you and Chloe?

I'm in the doghouse at the minute, so I'm giving myself a bit of bromance with [James] Lockie.

What happened this time?

When lots has happened, it's hard to forget the past. It is what it is - people in relationships argue.



Gemma snogs love interest Sebastian Graham in Marbs, but he's got some competition...



Some sea, sun and sangria should patch this pair up

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MARBELLA MADNESS!



FERNE & JESS:

'We're single, but Jess has a few celebrity potentials!'

Men of Marbella, watch out! Sexy singletons Jess Wright, 29, and Ferne McCann, 24, are ready for some flirty fun...

Are you both on the pull this holiday?

Ferne: Yes! And I love that we're not afraid to say that.

Jess: I feel most liberated right now that I'm single.

Have you been dating since your split with Charlie Sims in March, Ferne?

F: I haven't had time but I wish I was getting *some*! The only thing I'm getting is a spoon from Jess cos we're sharing a room.

How about you, Jess?

J: That'd be telling! Whatever's happening, I'm definitely going to be



Looks like Chloe Sims has buried the hatchet with Ferne

keeping it quiet.

F: By that, she means that they're very high-profile celebrity potentials!

What was Mark and Michelle's wedding like?

J: Amazing! I feel like I've gained another sister with Michelle – now I want a little niece or nephew from them.

F: I think my invite is still in the post – I was so jealous!



Is that a holiday hook-up between Chloe and Elliott we spy?



CHLOE SIMS Rekindled romance?

After Elliott Wright, 29, moved to Marbella in April, leaving Chloe Sims, 33, behind, it was always going to be awkward when they came face to face for the first time since their split. Despite Chloe saying she 'appreciated his reasons for ending it' after Elliott found some texts to another man on her phone, it didn't take long before they fell into old habits. After a day of sun, sangria and constant shots, we spotted the pair enjoying some very drunken kisses on the dancefloor. What's next?!

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MARBELLA MADNESS!



Last series, Diags called Tommy a love rat

TOMMY & GEORGIA:
'We can't spend a night apart'

After getting together nine months ago, Tommy Mallet and Georgia Kousoulou, both 23, have something unheard of in Essex: a happy relationship...

Diags accused you of cheating, Tommy – how did that affect you and Georgia?

Tommy: People still stop me and ask: 'Did you cheat?' I could've done without the drama.

Georgia: When you're a strong couple, people want to bring you down. There are a lot of jealousies.

But you're both happy now?

T: Better than ever – we don't leave each other's sides.

What's the longest you've ever been apart?

T: Like, an hour!

G: We've only had two nights apart.



Now's Josh cosies up to Bobby Norris and Ferne



All white on the night: the crew colour co-ord for dinner

JAMES: 'I want Danielle and I to get engaged'

But it looks like there's trouble in paradise for James 'Lockie' Lock, 28 – he and girlfriend Danielle Armstrong, 27, are sleeping in separate bedrooms...

What's going on with you two?

I've been stressed at work and taking too much on, and I've been snappy and taking it out on Danielle. She hasn't walked away, but she's put me in my place. I have to share a hotel room with Jake – that's how bad it's got.

What? We thought we'd defs

be hearing wedding bells soon...

If everything was going smoothly, that'd be my next move. We moved in, all was going well and then I had a little hiccup.

Will you pull through?

Yeah. Everyone has ups and downs – it's how you deal with them that shapes you as a person. There's no such thing as a perfect relationship. When people are too in love, it's fake.

The Only Way Is Marbs starts on ITVBe at 10pm on 14 June



Buffed-up Lockie and Elliott show off their six-packs

Watch the video!

Best dressed? Biggest love rat? Watch the TOWIE cast rate and slate each other in our Essex awards – visit nowmagazine.co.uk/towieawards

Words: Joshua Fox. Photos: Cliff FameFlynet, MagidMoments, Rex, Splash, Wenn

STEPHEN MULHERN:

I haven't been on a date in **FOUR** years'

Presenter Stephen on single life, singing in the shower and scary Simon Cowell

He's graced our TV screens for over a decade, winning our hearts on BGT spin-off Britain's Got More Talent and we *still* can't get enough of magician and presenter Stephen Mulhern. So it's hard to believe he's a single pringle looking for love. Now catches up with Stephen, 38, who tells us his busy work life just gets in the way...

So BGT's over – what did you think of winner Jules O'Dwyer and her secret doggy double? I'm going to be honest: I had no clue. None of the crew knew. But I know Simon Cowell's looking into it and he's going to make a decision [he did – see p31].

Was there someone you secretly wanted to win?

Obviously, as a magician, I wanted Jamie Raven to win. It'd be amazing if a magician won – they could tour and it'd be great.

If you were on BGT, what would be your act, aside from magic?

Not everyone knows this but I play the piano and violin. So I'd play the piano do a crescendo at the end... and make it disappear!

Is Simon as scary as he seems?

He's always been a hard boss but since his son Eric was born he's been chilled. For me it's the biggest joy – I was like: 'OMG, thank you!' He's a different person, he really is.

How do you think David Walliams is coping with his split from Lara Stone?

David doesn't really talk about it and I don't want to bring it up. As his friends, we're very supportive.

And you're back with a new series of Catchphrase...
I can't wait. I love it because

it's with members of the public. I just want someone to win the jackpot. I'm not saying someone doesn't win... I just can't wait for that moment.

Are there any more TV shows in the pipeline?

Yesterday we were talking about ITV doing its own version of a James Corden-style comedy show. It'd be brilliant.

What about a magic show?

That'd be my dream. I grew up watching Wayne Dobson and other magicians. There's obviously an audience for it. I'm hoping this interview will help...

Us too! You're so busy – have you got time to take holiday?

I'm off to Florida in October. Can't wait.

Are you dating?

No, I'm on my own.

Do you fancy a summer romance?

I'm keen!

If anyone's up for it, make sure you're in Florida in October!

Would you try online dating?

No way! One of my best mates met a girl online and he's been with her for the past six months. But I think it's a bit weird someone from the TV doing online dating. I think it'd be bizarre.

Have you got a celebrity crush?

There's only one woman in my life and that's Emma Willis! She's so nice. There's no nonsense – you want any advice, she'll bring it. I was at her husband Matt's McBusted concert with her recently and she said: 'By the way, if the camera comes on us, we've got to kiss.' She swears she never set this up, but the camera *did* come on us and we went for it – when you see the pictures, it's really funny. She still says she had nothing to do with it – but I doubt it!

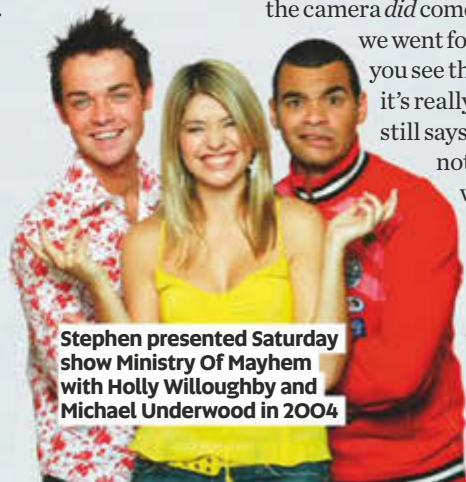
Catchphrase is on ITV at 7.15pm on 14 June



He's back this week with a new series of Catchphrase



David Walliams is a good mate. Not so sure about Ant and Dec ...



Stephen presented Saturday show Ministry Of Mayhem with Holly Willoughby and Michael Underwood in 2004

'EMMA
WILLIS IS
THE ONLY
WOMAN IN
MY LIFE!'

When did you last...

...text a famous person?

It was to Ant and Dec, saying: 'Great series, brilliant fun, here's to next year and see you soon.'

...cry?

I cry very easily with a good film like Titanic. By the way, I wasn't in that film. I get a lot of people saying I look like Leonardo DiCaprio but I wasn't Jack!

...go on a date?

About four years ago. That makes me sound really sad! I need a life. I need to stop working so much.

...cook some good food?

It was pasta and chicken covered with Parma ham and barbecue sauce – with a glass of white wine.

...sing in the shower?

Oh, every morning! I love to sing Michael Bublé. Awful taste!



A dead ringer for Leonardo? Who knew?!



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Caroline Flack: 'I go on Tinder all the time!'



Now's Amy met
Caroline at the
Love Island villa

Fancy a summer fling?
You're not the only ones!
Love Island is back...

Ten years on, the sexiest show on TV is back, with 14 single girls and boys all dreaming of finding true love – or just a saucy holiday romance. Oh, and the £50,000 prize money! The 'islanders' are living in a mansion in Mallorca, Spain, for six weeks with just themselves, the biggest private pool in the Balearics and a free bar for company. Now bagged an invite to the Love Island villa to meet the gang, along with host Caroline Flack, 35...

Caroline, how excited are you about the show?

It's going to be so good. I watched the first Love Island and loved it. The best bit was when Bombhead from Hollyoaks had a meltdown!

So could you see yourself falling in love with any of the islanders?

Oh no. I'm a shoulder to cry on if they need it and that's as far down as they can go [laughs]! I'm not into muscly men and there's a lot on the show.

A few of the boys say you're their celebrity crush...

Oh well, there's hope for me yet!

What is your type?

Less muscly! I don't have a type, but when I take boyfriends home to my mum she says: 'Looks the same as the last one!' I'm like: 'He doesn't!'

You're so busy, how do you make time for a love life?

You make time, don't you? You just do – if I had one!

Are you on Tinder?

No, I'm quite old-fashioned. I like talking to people and meeting them that way.

Have you had a sneaky look at friends' accounts, though?

All the time. It's good! But you can't tell what someone's really like.

What advice would you give the Love Islanders?

Probably: 'Don't go out with someone here after the show!' I met my ex on holiday and it didn't work out. But

would you take advice from me? 'Guys, what you should do is wait 'til your mid-thirties, then try to find someone. And then get a cat.'

Are you excited about returning to The X Factor too?

Yes. I'm a bit nervous. But it's like going back to a boyfriend you walked away from when you needed a break and when you

go back it's better. Olly Murs texts me every day. He says we need a catchphrase! I'm like: 'Nooooo!'

Is it true you're writing a book?

Yeah. I won't be dishing the dirt – it'll be all happy stuff. I used to keep a diary. My sister's was from the heart like: 'Dear Diary, today was wonderful' and I'd be like: 'I hate Mum [laughs]!'

'I spent £11k on my tits'

Contestant Hannah Elizabeth, 25, is a Playboy bunny from Liverpool and mates with Joey Essex

Have you ever kissed Hugh Hefner?

Never. He's like a little old grandad. There's no way he's banging anyone!

Have you had any plastic surgery?

Totally! I spent £11,000 on my boobs. I had my first boob job when I was 20 – that cost £5,000 and then £1,000 to get them out. I had another when I was 22. I've had my lips done and I get Botox.

How much do you spend on beauty treatments?

I get my nails done, extensions, three blow-drys a week, eyelash extensions, sunbeds, eyebrows – I get that done every week or I feel shit. I spend £1,000 a month.

What kind of guy are you looking for?

I like the quiet, geeky, funny blokes. But I get a lot of attention from the cocky, sleazy knobheads. They're my idea of hell.



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Zayn Malik's girl Lauren Richardson speaks out:

'Zayn's not my type'

The girl accused of 'splitting up One Direction' has finally broken her silence

three months after she was pictured holding hands with Zayn Malik, 22, in Thailand. Lauren Richardson, 26, talks to Now from Mallorca, Spain, where she's taking part in Love Island, to give us the real story behind that pic.

She had no idea the meltdown that would result from posting this pic



How are things since you hit the headlines, Lauren?

It's been really surreal for an ordinary girl like me.

What happened when you first posted the photo with Zayn?

I was still out on the piss in Thailand. My best friend rang me

and said: 'Lauren, have you seen your social media?' I didn't realise the response it would have.

Why did you post the picture?

I just did it to say: 'Look who I saw in a club,' not for fame or money.

So what actually happened?

You're going to be really

'I don't care about Kelly Brook!'

Contestant Rachel Christie, 26, is an ex-athlete and model and has a son with former Gladiator David McIntosh

Is it weird for you that David's ex Kelly Brook hosted the first series of Love Island?

I don't care about her. I'd only care if she was going to have anything to do with my son [Logan, three], which she isn't. She's just another girl!

What does David think about you being on the show?

I didn't tell him. He'd be the last person I'd tell.

He proposed to you four times and you've said it was an 'intense' relationship. Are you looking for something more fun this time?

Yeah. I want someone who'll take me seriously and have fun at the same time.



disappointed. It was literally just a picture. I went into the VIP area of the club and went to Zayn to get a photo. That was it!

What was he like?

He seemed nice, I asked him if we could have a picture and he said: 'No problem.'

But can you explain the photos of you holding hands with him?

We were all dancing. It was blown out of proportion. Zayn put his arm around me and asked: 'Are you OK?' Nothing else happened.

Did you want something to happen with Zayn?

No. Zayn's not my type. I don't fancy him. He's too young for me.

The unwanted attention must have been quite scary for you...

It was horrible. I had death threats and 1D fans were sending me emojis of guns and knives. They said I was fat, ugly and had a horrible bum. They compared me to Perrie Edwards [Zayn's fiancée]. It really hurt.

Do you feel responsible for him quitting One Direction?

People accused me of splitting them up and I thought: 'Oh, here we go again!' I was followed to work for days - in the end my boss had to give me time off.

Now you're on Love Island, are you hoping to find romance?

Yes! I've been single for four years. I'm looking for someone with lots of personality.

Love Island is on ITV2 at 9pm from Sundays to Thursdays

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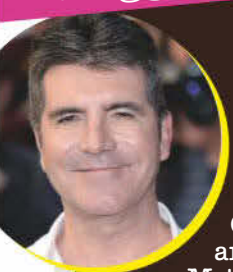
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NEED TO **know** NOW!

All the news, none of the snooze

Doggy dupe!

Simon reacts to BGT scandal



When Jules O'Dwyer and her dog Matisse were crowned winners of Britain's Got Talent, no one knew Jules had used a stunt-double dog. Admitting Matisse is afraid of heights, Jules, 49, revealed last week that a second Border Collie named Chase was used for the tightrope part of her act.

Even judge Simon Cowell, 55, had no idea about the switch. He

said: 'I was frustrated because I didn't know what I was judging until afterwards, so I felt a bit of an idiot.' But there are no plans for Jules to lose her title.

We asked Amanda Holden, 44, her thoughts at last week's Glamour Awards. She told us: 'I watch it as a punter. I just think every act has a drum or a wire – Jules still had to train the dog. All the dogs should be used in the Royal Variety Show.'



Chase (right) and Matisse both performed in the BGT final

Watch out, TOWIE...

POSH SLAMS ESSEX!

Victoria Beckham is set to face a backlash from the people of Essex after publicly poking fun at her home town. When the designer, 41, was introduced as being from Harlow, Essex, at a fashion event in New York, she responded: 'I'd like to forget the Essex bit. It's not a very nice place.' Let's hope she doesn't run into the TOWIE cast...



Get set for summer

Katie goes blonde

Katie Price has gone blonde again – and we love it! Posting a picture of her locks on Instagram, she wrote: 'Never expected to go blonde so quickly and keeping my hair healthy from going dark to blonde.'

Katie, 37, had earlier teased her transformation, posting a pic on her YouGossip site of hair colour remover products and saying: 'Omg I'm going for it.' Hours later, she posted a snap of a bowl of hair dye, tagging her hairdresser Mikey Kardashian, saying: '@itsdash What we doing?' He replied: 'Can't WAIT for you all to see what @MissKatiePrice & I have planned!!!' She showed off her new look as she went to work on a new TV show last week.



Katie showed off her new blonde barnet last week



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Vicky wants to get back to her best



Fitspiration

VICKY DITCHES DIET

Vicky Pattison has admitted she's let her tough diet and fitness regime slip. The ex-Geordie Shore star, 27, posted snaps of herself at her most toned on Instagram, saying: '#monday motivation.... NEED to get back to this!!!!' You look great to us, Vic!

Will the new Fifty Shades book Grey be even filthier?



Christian Grey's back!

Fifty Shades author causes Twitter meltdown

Our inner goddess just did a somersault. Fifty Shades Of Grey author EL James has announced there will be a new book in the series, told from Christian Grey's perspective.

The new novel, titled Grey, will be released on 18 June. And if you're a mega fan, you'll already know why they've chosen that date – it's Christian's birthday.

The bestselling author, whose real

name is Erika, reveals in the opening pages: 'This book is dedicated to those readers who asked... and asked... and asked for this.'

She added: 'Christian is a complex character and readers have always been fascinated by his desires and motivations and his troubled past. Also, as anyone who's ever been in a relationship knows, there are two sides to every story.'

It's been a great pleasure to return to my happy place – writing, being with Christian and Ana in their universe.'

Fans of the trilogy have already had an insight into Christian's viewpoint – the final book closes with his perspective on the moment he first met Ana Steele. But we reckon their love story will be even filthier told through Mr Grey's eyes!



Harry was forced to defend Ben Mitchell's on-screen kiss

Harry hits out

Enders' gay kiss storm

EastEnders actor Harry Reid has spoken out after his gay kiss scene received a homophobic response from some viewers on social media. Harry's character Ben Mitchell was seen kissing newcomer Paul Coker, played by Jonny Labey, 22. Harry, also 22, Tweeted: 'It's upsetting to read the negative tweets about last night's episode of @bbceastenders. I only want to ask one question: would you have called Ronnie Kray disgusting?' in reference to the gay gangster.

Exact Match

Stars love high street too... Here's how to shop it up just like a celeb

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TOWIE star Jessica always gets it Wright and she's given us holiday and tan envy in this paisley print dress.



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100ml: 180kJ/42kcal



330ml

Energy	Fat	Saturates	Sugars	Salt
373kJ 89kcal	0g	0g	22g	0g
4%*	0%*	0%*	25%*	0%*

100ml: 113kJ/27kcal



330ml

Energy	Fat	Saturates	Sugars	Salt
5kJ 1kcal	0g	0g	0g	0.07g
0%*	0%*	0%*	0%*	1%*

100ml: 1.4kJ/0.3kcal



330ml

Energy	Fat	Saturates	Sugars	Salt
5kJ 1kcal	0g	0g	0g	0g
0%*	0%*	0%*	0%*	0%*

100ml: 1.6kJ/0.4kcal

*33% less calories vs full sugared cola in GB thanks to stevia extract.

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Hollywood

The hottest news from over there is in here

Now

Mila's stalker terror

Mila Kunis faced an ordeal last week when her stalker Stuart Lynn Dunn escaped from a mental health facility. Dunn, 30, had been at the Olive Vista Behavioural Health Center in California since 2013 after admitting to stalking the actress, but escaped through a bathroom window.

Mila, 31, was forced to increase security for her and her seven-month-old daughter Wyatt, but thankfully he was recaptured after four days on the loose. In 2012 Dunn broke into a house she owned and in 2013 he was caught waiting for her in the parking lot of her gym for three days running.

Stuart Lynn Dunn has twice been convicted of stalking the actress



MILA KUNIS' STALKER
LIVED IN HER HOUSE FOR TWO WEEKS



Hugh says there was less awareness of skin cancer risks when he was younger

HUGH'S CANCER SCARE

Hugh Jackman has opened up about his battle against cancer. 'In the past 18 months I've had four skin cancers – one on my shoulder, three on my nose,' the actor, 46, has revealed.

Hugh was first diagnosed with

basal cell carcinoma, one of the most common skin cancers, in 2013. 'No one ever told me to wear sunscreen and we were often at the beach in Australia,' he says. Thankfully he's recovered and goes for check-ups every three months. Stay safe in the sunshine, people...

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Enrique's bloody run-in with a drone

Enrique Iglesias was injured at a gig last week when he grabbed a flying drone. The singer was performing in Tijuana, Mexico, to 12,000 fans when his hand was sliced by the drone, used to show the audience his view from the stage. But he grabbed it in the wrong place and was left covered in blood.

Despite being advised to end the concert, Enrique, 40, carried on for half an hour before he was rushed off for first aid and then flown to LA for reconstructive surgery on his hand. Yikes. Get well soon, Enrique.

Words: Amy Lo. Photos: Eric Lemer, PA, Rex, Splash



Enrique carries on with the show despite slashing his fingers

Drawing a heart with his blood!

Superhero Bey

She may already have an alter ego in Sasha Fierce but that's just the start for Beyoncé, 33. 'I want to be in a superhero movie,' the singer's confessed. She's already got a song called Superpower, so let's hope someone can make this happen!

Forever Young

Game Of Thrones star Maisie Young, 18, is becoming quite a style icon. But she's ended up getting stick from fans who think she's younger than she is. 'People are like: "That's not an appropriate thing for a 13-year-old to be wearing!"' Maisie reveals.



Random BFF alert!

Leonardo DiCaprio, 40, has taken time off from hanging out with supermodels to befriend Jersey Shore star Mike 'The Situation' Sorrentino. Mike, 32, who was on Celebrity BB in 2012, says: 'Leonardo was really cool. He was saying he was a big fan of Jersey Shore and told me: "Don't ever change."'

NEW



**MMMM... DELICIOUS
AND 99 CALORIES**

EMMA WILLIS: 'Matt does housework while I'm working!'

Emma and Reggie Yates are back with a shock new couples show

We've fallen in love with Emma Willis – and her wardrobe – on Big Brother and The Voice and now she's set to front another primetime TV show. But this one has a dark twist. BBC1's *Prized Apart* splits couples up as one half completes death-defying stunts in Morocco with co-host Reggie Yates, 31, while the other faces gruelling general knowledge questions back home with Emma, 39, as they battle it out for £100,000. Now caught up with Emma and Reggie to find out all the goss...

TURN FOR MORE ➤➤



Emma's married to McBusted's Matt and they have two children Isabelle and Ace

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ANYTHING'



SUNDAY'S
chicken roast
MONDAY'S
delicious lunch



**OUR SUPER SOFT WRAPS HOLD
MORE OF THE STUFF YOU LIKE**



Emma and Reggie with the plucky **Prized Apart** contestants

Emma, how do you juggle family time with all your work?

Emma: Well, we've filmed this show already, I'm only doing Big Brother one night a week this series and then my radio show is one day a week. That's all I have on. But my husband [McBusted's Matt, 32] was off work all of May, so he did all the housework while I've been filming.

How do you think you and Matt would do if you took part in **Prized Apart**?

E: We'd end up fighting it out to do the adrenaline stuff because we're both terrible at general knowledge. But I think Matt would make me stay in the studio because he's pretty buff and really sporty.

What do you think you'd struggle with?

E: In my brain I'm fearless – I'll go high, fast and jump into anything – but in reality I'd crap my pants! When I was younger I'd try anything, but now I have kids I just worry

and think: 'What am I doing? What if something goes wrong?'

What's it like working with Reggie?

E: I was like: 'Yay!' when I found out.

Reggie: We've been

keen to work together again since we did a music show called M-Pops together years ago.

E: I was jealous he got the adrenaline side of things whereas I got the stress and tension in the studio.

Reggie, how did you find it being away from your fiancée Tia Ward while filming in Morocco?

R: It was really tough. The contestants can't contact their families at all during filming. I wouldn't cope with that.

Did either of you have any fears about fronting a new show?

R: The atmosphere was great. You get some shows where when you finish filming for the day and want to go to your room, but this wasn't like that at all.

E: I'm just a lover of Saturday night TV that's nice. I work on Big Brother, which is full of bitching, but I'm happy for my children to sit and watch this with us.

Prized Apart starts on BBC1 at 7pm on 13 June

'NOW I HAVE KIDS, I WORRY MORE'

STUNT OR DUNCE?



Try a death-defying stunt in a strange place...



... or pit your wits against the other studio contestants



Contestants set off to face their fears in Morocco

Britain's hottest host

Emma's journey from model to the top of TV

1992 Leaves school and moves to London to work as a model before admitting to herself she 'never felt quite right'.

2002 Lands her first presenting job with MTV.

2007 Asked to front ITV2's I'm A Celebrity spin-off show, but fears it's only because hubby Matt had won the show.

2008 Despite doing various bits of part-time presenting for small shows, Emma admits she considered giving it all up around this time, saying: 'I'm very bad at being negative and paranoid.'

2010 When Claudia Winkleman is announced as Strictly Come Dancing host alongside Tess Daly and Bruce Forsyth, Emma tells a newspaper: 'I wondered why other people would get jobs and I wouldn't.'

2012 After replacing Coleen Nolan on This Morning with an occasional guest spot, things start to look up.

2013 She goes on to land her biggest show so far: Big Brother.

2014 Joins Marvin Humes as the face of The Voice and receives a nomination for Most Popular Entertainment Presenter at the National Television Awards.

2015 Lands another primetime show **Prized Apart**.





DEIRDRE BARLOW
(Anne Kirkbride)
BANGED UP:
1998, Coronation Street

Who can forget the Free The Weatherfield One campaign? Lovelorn Deirdre was the victim of boyfriend Jon Lindsay, who claimed to be an airline pilot but was actually a conman. She found herself framed for all his financial fraud – and sentenced to 18 months inside, while he walked away scot-free.
CRIMINAL BEHAVIOUR ○



DOT COTTON
(June Brown)
BANGED UP:
2015-?, EastEnders

Poor Dot. No one thought the God-fearing old lady would get sent down when her son 'Nasty' Nick Cotton finally did the decent thing and died. But although she was found not guilty of murder – thanks in part to Ronnie Mitchell having the star witness 'disappear' – after admitting she bought and supplied the heroin that killed her son, Mrs B's now serving 14 months for manslaughter.

CRIMINAL BEHAVIOUR ○○



BEST OF THE BAD GIRLS

We rate our favourite TV characters who've spent time behind bars



SHELL DOCKLEY (Debra Stephenson)
BANGED UP: 1999-2006, Bad Girls

Labelled 'evil personified' by the judge who convicted her for murder, psychopath Shell was the top dog of G Wing in Larkhall Prison, south London. She had an affair with bent screw Jim Fenner before trying to murder him, was the

resident drug dealer and a vicious bully. Shell escaped in Series 3, but was back inside before long, obvs.
CRIMINAL BEHAVIOUR ○○○○○○



Orange Is The New Black, the show that follows a gaggle of quirky jailbirds, is back for a third series on Netflix after winning awards and viewers galore. But they're not the only captivating convicts: there are plenty of Brits who've done time too. From Weatherfield to Walford, Footballers' Wives to Bad Girls, some characters just can't avoid the slammer...



PIPER CHAPMAN
(Taylor Schilling)
BANGED UP:
2013-?, OTTNB

Leading lady Piper had been living a quiet life in upscale NYC with her fiancé Larry, so when she was arrested for a decade-old crime (smuggling cash for her drug-dealing ex-girlfriend Alex) and locked up in Litchfield Penitentiary for 15 months, it was one hell of an adjustment. A white middle-class woman with beauty and brains, Piper made enemies from day one – including her ex and fellow convict Alex. The pair have since rekindled their relationship, but in Season 3 they're set for a tricky love triangle with attractive new inmate Stella.

CRIMINAL BEHAVIOUR 🔒🔒🔒



FIZ STAPE
(Jennie McAlpine)
BANGED UP:
2011, Coronation Street

Although she wed hubby John in the prison where he was doing time for kidnapping Rosie Webster, Fiz couldn't have predicted he'd become a *serial killer*. Or that it would end up with *her* facing murder charges. Fiz finally got out after John confessed on his deathbed.

CRIMINAL BEHAVIOUR 🔒



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SOPHIA BURSET
(Laverne Cox)
BANGED UP:
2013-?, OITNB

Formerly a firefighter named Marcus, Sophia's a transgender woman who ended up in Litchfield after committing credit card fraud to fund her operation and hormone therapy. She was turned over to the authorities by her son Michael, but they've since made amends. Kind and understanding, Sophia also works as the prison hairdresser and is the makeover queen. In real life, Laverne became the first transgender person to be nominated for an Emmy and appear on the cover of Time magazine.

CRIMINAL BEHAVIOUR
OO



TRACY BARLOW
(Kate Ford)
BANGED UP:
2007-10, Coronation Street

Deirdre's daughter Tracy killed her cheating boyfriend Charlie Stubbs with a vicious blow to the head after making it look like he'd been abusing her for months. In 2010, angling for a reduced sentence, she lied under oath that cellmate Gail McIntyre had confessed to killing her husband Joe. Her plan failed, but she was released just a few months later anyway.

CRIMINAL BEHAVIOUR
OOOO



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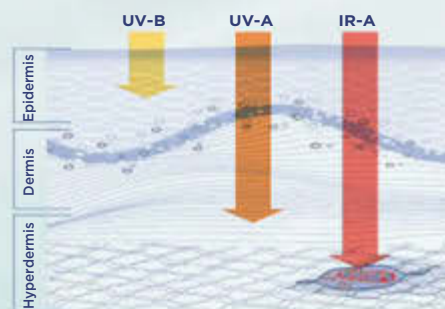


Diagram showing the sun's rays penetrating your skin.



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*Compared to UV-A/UV-B only sun creams.

BEST OF THE BAD GIRLS

YVONNE ATKINS

(Linda Henry)

BANGED UP:

1999-2003, Bad Girls



Nowadays we know her as EastEnders' Shirley Carter, but Linda's been playing scary women with a soft side for years. After being sent to Larkhall for conspiracy to murder, Yvonne set up sex hotline Babes Behind Bars, helped protect the other inmates from Shell and became the prison's mother figure.

CRIMINAL BEHAVIOUR ○○○○



CHARITY DINGLE

(Emma Atkins)

BANGED UP:

2015-?, Emmerdale

Timed to coincide with Emma's real-life pregnancy, Charity finally got sent to jail in January. After covering up Declan's arson at Home Farm, framing Sam to claim the insurance payout, then blackmailing Rachel into confessing, the truth finally came out. But there have already been hints she won't serve the full two years...

CRIMINAL BEHAVIOUR ○○○



DEBBIE DINGLE

(Charley Webb)

BANGED UP:

2009, Emmerdale

It was her girlfriend Jasmine who killed PC Shane Doyle after he tried to rape her, but Debbie did help dump his body in Home Lake. It came back to haunt them when Victoria Sugden fell through the ice and Debbie was caught. The Dingles tried to break her out of hospital jail, but she refused to run. Then Jasmine turned up to clear her name during the trial.

CRIMINAL BEHAVIOUR ○○○○



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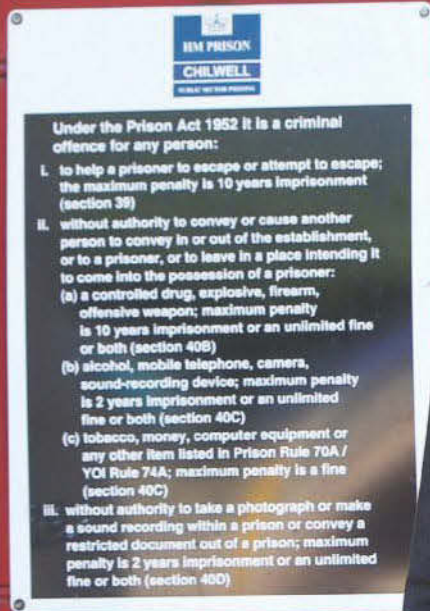
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BEST OF THE BAD GIRLS



RONNIE BRANNING
(Samantha Womack)

BANGED UP:
2011-2013,
EastEnders

This was the culmination of the baby swap storyline that saw Enders receive its highest-ever number of complaints. When Ronnie and Jack's son James died at just a few days old, she took Kat and Alfie's baby Tommy and pretended he was hers. After months of guilt and a full mental breakdown, grief-stricken Ronnie eventually handed herself in to the police and was sentenced to three years inside.

CRIMINAL BEHAVIOUR
○○○



THERESA MCQUEEN
(Jorgie Porter)
BANGED UP:
2014, Hollyoaks

After killing Calvin Valentine on his wedding day four years earlier, Theresa was finally captured. Cue a hilarious plot as she faked going into labour and got sent to hospital, where her cousin Mercedes was a 'doctor', and made her escape. She was soon back inside.

CRIMINAL BEHAVIOUR
○○○○○



STACEY BRANNING
(Lacey Turner)
BANGED UP:
2014, EastEnders

Stacey had murdered vile Archie Mitchell five years earlier after he'd raped her. But thanks to her hubby Bradley taking the fall for the crime (literally, to his death off the roof of the Vic), she'd got away with it. Wanting to clear his name, she handed herself in, then appealed on the grounds of her bipolar disorder and was released.

CRIMINAL BEHAVIOUR
○○○○

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Stars in the slammer

Swapping fiction for fact, these stars have all spent time behind bars for real...



LINDSAY LOHAN

Banged up: 2007, 2010 and 2011

After going full-on wild child, Li-Lo spent more time in the courtroom and rehab than on film sets. She's been done for driving under the influence, driving with a suspended licence, possession of cocaine, the theft of a necklace and violating her probation.



MICHELLE RODRIGUEZ

Banged up: 2006 and 2007-8

The Fast And Furious star is another LA luvvie who's seen the inside of plenty of prisons. She's been prosecuted for a hit and run, driving under the influence, driving with a suspended licence and multiple speeding offences.



PARIS HILTON

Banged up: 2007

Heiress she may be, but her rap sheet includes driving under the influence, reckless driving, driving with a suspended licence, speeding, violating probation and possession of cocaine. Sentenced to 45 days in prison, lucky Paris was let out early for good behaviour.



MISCHA BARTON

Banged up: 2007

The OC star was arrested on suspicion of driving under the influence and without a valid driver's licence after being spotted coasting through Hollywood at 3am, straddling two lanes of traffic. But she only spent seven hours in jail and escaped with probation and a fine.



TANYA TURNER (Zoë Lucker)

BANGED UP:
2004, Footballers' Wives/Bad Girls

The maneater of Footballers' Wives, Tanya was fab, glam and ruthless. So when the company that made both shows was looking for someone to send to Larkhall for a special crossover, she was the obvious choice. Done for drugs possession, Tanya was sentenced to six months with the Bad Girls but managed to get out early. Actress Zoë must've got a taste for life behind bars – she's now in Hollyoaks playing Reenie McQueen, who we first met in jail.

CRIMINAL BEHAVIOUR



CLARE CUNNINGHAM

(Gemma Bissix)

BANGED UP:
2013, Hollyoaks

After years of lying, cheating, robbing and trying to frame or murder half the village, this super-bitch was finally locked up after taking Mercedes hostage. She got out and found time to set off a bomb before she got pushed in front of Dr Browning's car – and killed off for good.

CRIMINAL BEHAVIOUR





**CINDY CRAWFORD
AND KAI**

Stop. The. Press. Kaia, 13, has obviously inherited her 49-year-old supermodel mum's beauty genes. We aren't jealous at all...

LIKE MOTHER DAUGHTER



**JENNIFER
LOPEZ
AND EMME**

Emme, seven, looks just like her 45-year-old mum in their matching lace prom dresses. Too cute!



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HER, LIKE

These girls are practically identical to their famous mums



KIM KARDASHIAN AND NORTH

Rocking the biker look, North – who turns two on 15 June – expresses her feelings at 34-year-old mum Kim's latest pregnancy news.



KATIE HOLMES AND SURI

Obviously nine-year-old Suri has inherited her ma's shy personality – she can't even look Katie, 36, in the eye.



MEG MATHEWS AND ANAIS

Someone tell Meg, 49, that it's not acceptable to dress like your 15-year-old. Hope this isn't a reflection of her interior design work.



YASMIN LE BON AND AMBER

Yasmin, 50, needs to watch out if she wants to maintain her mega model status – daughter Amber, 25, is catching up, fast!



DEMI MOORE AND RUMER

Anyone for a game of who's who? We genuinely can't tell the difference between Demi, 52, and daughter Rumer, 26. Wanna spill your anti-ageing secret, Demi?

REESE WITHERSPOON AND AVA

Ava, 15, seems to have acquired her mum's love of short shorts and billowy blouses. We can't imagine Reese, 39, will be dyeing her hair blue any time soon though...



The powerhouse of pop had a strict upbringing

She has serious star power

In 2012 Jennifer beat Oprah Winfrey to be named the most powerful celeb in the world by Forbes, after racking up over 23,000 press mentions and gracing 46 major magazine covers in the previous year. In 2014 she ranked the sixth highest-paid woman in music, taking in a cool £24 million.

Talent runs in the family

Jennifer, 45, is the middle of three girls. Her older sister Leslie is an opera singer and younger sister Lynda an Emmy award-winning journalist. All three are close.

Her childhood was strict

Born in the Bronx, Jennifer's Puerto Rican parents David (a computer specialist) and Guadalupe (a schoolteacher) were both conservative Catholics. 'We weren't allowed to hang out

on the street with the other kids,' says J-Lo. 'We were supposed to behave like girls and have good manners. I'm glad we were raised like that.'

She turned down Janet Jackson

Jennifer kicked off her career as a backing dancer, performing with New Kids On The Block in 1991 and in Janet's That's The Way Love Goes video. She was set to tour with Janet in 1993, but backed out in order to do her 'own thing'. It worked.

Nominated for a Golden Globe

Stardom was always on the cards for J-Lo, who poured her efforts

into singing, dancing and acting. In 1997 she starred alongside Jack Nicholson in Blood And Wine, which was a commercial flop but won her rave reviews. The next year she played the lead in Selena and was nominated for a Golden Globe for Best Actress.

She says some days she looks 'crap'

We don't believe her, but J-Lo admitted in 2013: 'I think I'm like every woman: I have days when I think I look great and days when I think I look crap. But when you have kids, it's just about pressing on, no matter how you feel.'

11 Things you didn't know about Jennifer Lopez

'Being a mom is so terrifying'

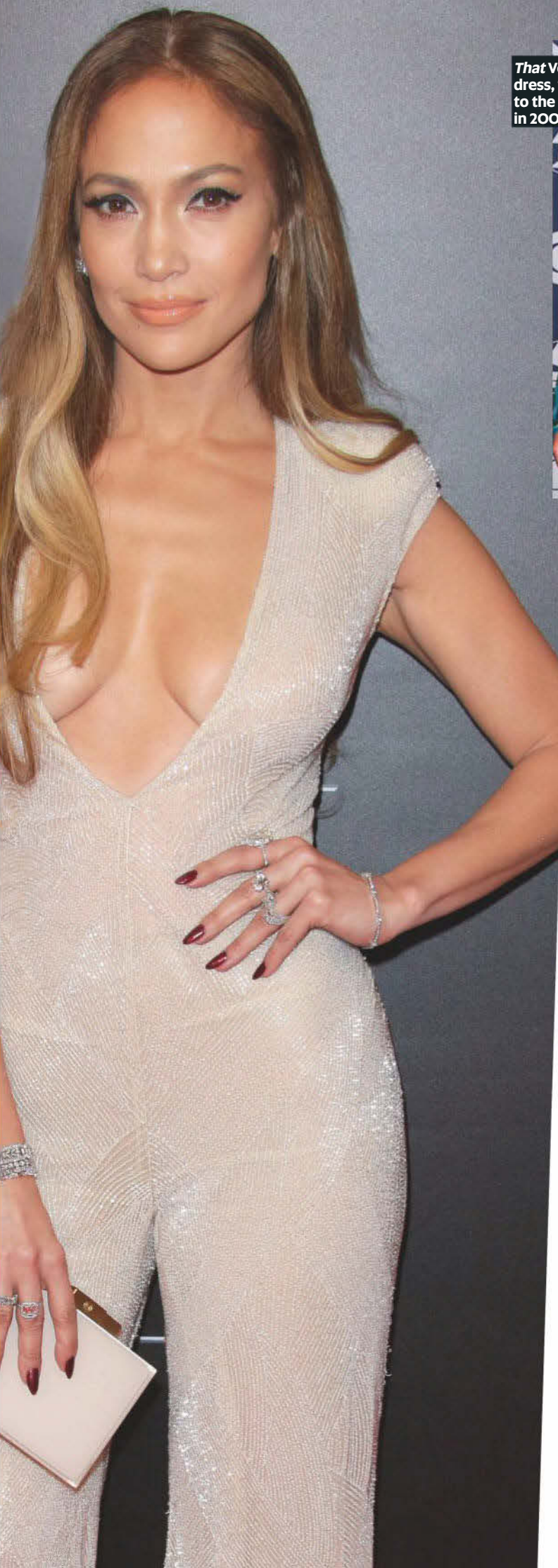
With younger sister, journalist Lynda



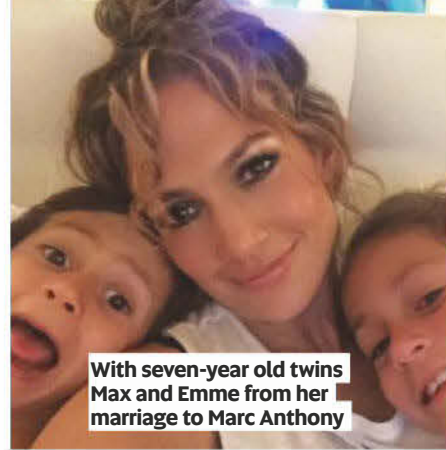
Jen started off as a backing dancer for Janet Jackson



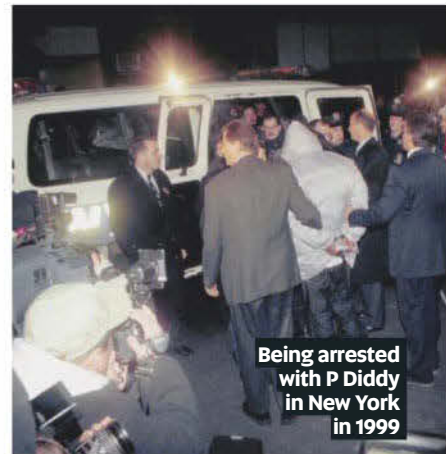
The talented Lopez family: parents David and Guadalupe and sisters Leslie, Jen and Lynda



That Versace dress, worn to the Grammys in 2000



With seven-year old twins Max and Emme from her marriage to Marc Anthony



Being arrested with P Diddy in New York in 1999

Motherhood comes first

'It's my most favourite thing,' says Jennifer, who's mum to twins Max and Emme, seven. 'It's also the scariest thing – so terrifying and daunting. But nothing matches the joy I get from coming off stage and having my kids waiting there in the wings. That's when my two worlds collide and I feel whole.'

That Versace dress lives at home

Jen still has the Versace dress she wore to the Grammy Awards in 2000. 'My housekeeper once put it on a mannequin in my spa, where I get my hair and make-up done,' she's said. 'She sent me a picture: "You like this dress?" I said: 'Um, yeah but I don't know if I like it out in the house!'

Booze is off the table

You don't get a body like J-Lo's without some discipline. Jennifer barely touches sugar and salt and doesn't drink or smoke, saying she's 'on a natural high'. We would be too if we looked like her!

She first married at 28

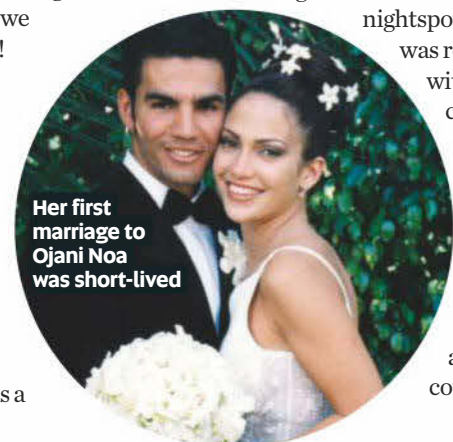
Remember Ojani Noa? They wed in February 1997, and divorced less than a year later. There was a

court battle relating to personal photos and video footage the pair took when they were together and she took out a temporary restraining order against him. 'It's been years since we've been in contact,' said former restaurant owner Ojani in 2012. J-Lo then married dancer Cris Judd in 2001, but a year later they were divorced and she was engaged to Ben Affleck, before marrying Marc Anthony, father of Max and Emme, in 2004. The two remain great friends. She's currently dating dancer and choreographer Casper Smart.

She's been arrested!

In 1999 Jennifer and her then boyfriend P Diddy were arrested for a weapons violation after gunfire erupted between the rapper's entourage and club-goers at a New York nightclub. She

was released without charge and a court later found Diddy not guilty. Not long after, the couple split.



Her first marriage to Ojani Noa was short-lived



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HER STYLE

We know she's married to a total hottie, but **Blake Lively**'s wardrobe is totally on



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Style that channels laidback cool is just what we need when sunny days are here. And where better to look for inspiration than India, home of exotic colours and intricate, pretty patterns?

That's exactly where the designers from Tu at Sainsbury's went to gather ideas for the latest summer collection – Raj.

The result is stunning and features all you need for your holiday season wardrobe. There are floaty cotton dresses with block-printed designs, loose-fitting patterned trousers, embroidered tops, and beaded sandals. Colours are rich and jewel-like, while here and there a pop of pink fluoro adds a fresh modern edge.

These boho-inspired outfits work just as well over a bikini on the beach as they do for festivals. Go for versatile layers you can mix and match, so it's easy to dial up your look from day to night.

With a collection this stylish, the only thing you can't be laidback about is shopping, so get going!

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Summer Style Notes

◆ When you mix and match patterns, have fun playing with scale and designs, but stick to a similar colour palette.

◆ Add opulence with beaded and sequined accessories – perfect for ticking off this season's embellishment trend.

◆ Large, lightweight scarves are super versatile – use them as cover-ups over sundresses, wear them as sarongs over your swimsuit on the beach, or tie them around your waist.



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RALPH LAUREN



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Look away now, Ralph – we'll be snapping up this equally chic Lavish Alice number.



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Jumpsuits aren't just for Catwoman, y'know! Be your own superhero in this sexy lace-up number.



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'Shopping makes me money!'

Amy Greenham tells us why she loves buying through Quidco

Stay-at-home mum Amy Greenham, 30, lives in Weymouth with her children Esme, Lila and Theo. She tells us: 'I love online shopping and I've always been really internet savvy. I first discovered Quidco a few years ago via the moneysaving expert.com website.

It sounded amazing, so in November 2008 I signed up to it. I've been a dedicated user ever since!

I have three young children, so I've found that saving on

day-to-day essentials has really made a big difference. Quidco's great for necessities such as house insurance and TV

services, too. I was blown away when

I received £150 cashback for signing up for a Sky package.

It's amazing seeing that extra money appear in your account.

'I don't just use Quidco at home, though. If you go into one of Quidco's high street retail partners, you can enjoy exclusive

Amy's earned
£1,195

Get in-store cashback by registering your credit or debit card with Quidco



and increased in-store cashback rates when you activate offers via the Quidco app. They're all high street favourites, too.

'Whenever I'm out, I make sure I browse all of Quidco's retailers offering in-store cashback and earn on the move. That way I get cashback

on almost everything!

'I'm such a big fan that at least once a month I recommend Quidco to lots of different friends. Even the cynics among them can't deny that £1,195 is a lot of cashback to have saved up since I started using Quidco!'

HOW DOES QUIDCO WORK?

Whatever you want to buy, it's likely you can get a deal or earn cashback with Quidco. Here's how:



1 Go to the website quidco.com and browse the hundreds of offers available at Quidco's retailers – or search for a specific product or service.



2 When you've found what you're looking for, just click through to the retailer's website via quidco.com and make your purchase.



3 Quidco tracks your visit and passes you the cashback. You can then withdraw it from your bank or PayPal account to spend (or save!) as you wish.

Want to earn cashback or get a deal with Quidco? Then join for free today – just visit quidco.com

Quidco



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ZARA



BLOW IT
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Shoe TAKE 2

Dress up your home pedi in these designer doubles. We won't tell if you don't...



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BLAG IT
£16.99
DAISYSTREET.CO.UK



BLAG IT
£20
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Lavender makes an excellent low hedge or edging plant and thrives in sunny borders or containers.

Your collection will contain 24 plug plants of the following varieties:

LAVENDER 'MUNSTEAD' A compact variety with fragrant evergreen foliage and deep lavender flower spikes in summer. Height 45cm; spread 60cm

LAVENDER 'HIDCOTE' An evergreen, aromatic semi-shrub with silver-grey leaves and leafless stems topped with deep purple-blue tubular flowers in summer. Height 60cm; spread 30cm

Why not also try these offers?

HYDRANGEA 'GLAM ROCK'

With blue-centred red florets, this hardy shrub makes a superb addition to borders or patio containers.

Height and spread: 120cm (48in)

Buy 1 x 9cm potted plant for £9.99 or 2 for £16.99

STAR JASMINE

This elegant climber bears white star-shaped flowers throughout summer, with an enticing fragrance.

Height: 9m (29in); spread: 3m (9in)

Buy 1 x 9cm potted plant for £13.99 or 2 for £18.99

LAVATERA 'BARNSELEY BABY'

A dwarf version of a cottage garden favourite, this is perfect for patio containers and small gardens with its soft pink blooms. Height: 75cm (30in); spread: 60cm (24in).

Buy 1 x plug plant + 1 FREE for £9.98 or 2 + 2 FREE for £15.98

Now OFFERS



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LAVENDER 'HIDCOTE'

48 FREE ENGLISH LAVENDERS

Worth £39.96 – just pay £5.65 postage



LAVATERA 'BARNSELEY BABY'



STAR JASMINE

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To order by post: cut out order form below and post to: Now Free English Lavender Collection Offer, Dept NOW6, PO Box 162, Ipswich, Suffolk IP8 3BX, enclosing a cheque made payable to Now Magazine Offers.

CODE	PRODUCT	£	QTY	TOTAL
TCK10121	Hydrangea 'Glam Rock' 1 x 9cm potted plant	£9.99		
TCK10122	Hydrangea 'Glam Rock' 2 x 9cm potted plant	£16.99		
TCK10264	Star Jasmine 1 x 9cm potted plant	£13.99		
TCK10265	Star Jasmine 2 x 9cm potted plants	£18.99		
TCB62010	Lavatera 'Barnsley Baby' 1 plug plant + 1 free	£9.98		
TCB62011	Lavatera 'Barnsley Baby' 2 plug plants + 2 free	£15.98		
TCK44635	FREE English Lavender Collection x 48 – worth £39.96 (one application per order)	FREE		£5.65
GRAND TOTAL				

I enclose a cheque made payable to Now Magazine Offers
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Mrs/Miss/Ms/Mr (delete as applicable) Initial.....
 Surname..... Address.....
 Postcode.....

Daytime tel no (inc. code).....

Email.....

Or please debit my Mastercard Visa Maestro account:

Card No. Card expiry date.....

Issue No. Start Date..... CSV.....

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Terms and conditions: offer closes 30 June 2015. All plants will be despatched in 14 days. Online orders will receive an order acknowledgement via email with approximate delivery date. All items are subject to availability; we reserve the right to send suitable substitutes, or offer a refund for paid for items. If demand exceeds anticipated volumes for free items, we reserve the right to replace with products of a similar retail value with no further notice. Offer available to UK addresses only. Offer cannot be used in conjunction with any other promotions or discounts. Your contract is with Hayloft, a company wholly independent of Time Inc. (UK) Ltd. Time Inc. (UK) Ltd will collect your personal information to process your order and alert you about news, new products, services and offers by email, phone and post. You can unsubscribe from emails by clicking unsubscribe within the email.



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BLAG IT
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STYLSTRICK.COM

Words and styling: Sarah Bradbury. Photos: Catwalking

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*vs. Tampax Compak

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Available in most stores. Subject to availability. While stocks last. Offer/price may vary at Morrisons.com.

Excludes M local and Gibraltar. Tampax Compak Pearl 11.2p each. Offer ends Sunday 5th July 2015.

w/c 15/06/2015

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LIP GLOSS

SAVING
£17

DESIGNER

This bestselling gloss has colour-rich staying power that lasts and lasts.

DOUBLE

Nailing a non-glossy lip can be tricky, but this glides on like a gloss with a soft matt finish. Cunning!

BLUSH BATTLE

Youth-boosting beauty is so pretty, we kind of want both. Is that wrong?

SAVING
£19.05

£8.99

MAX FACTOR CREME
PUFF BLUSHER IN
GORGEOUS BERRIES

DOUBLE

Could this be the perfect blush? The colour wash is so blendable and radiant, even we forgot we were wearing it.

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HOURGLASS
AMBIENT
LIGHTING BLUSH
DIFFUSED HEAT

DESIGNER

Makes your skin look so glowy, it's like stepping into a time machine.

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That's bizarre.
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Our Natural Wash, with
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DOUBLE

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HEATHER



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£18
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VERNIS NAIL
COLOUR IN
TENDERLY



DOUBLE

This needs two coats, but other than that, not even Karl Lagerfeld would know the difference!

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B SWEET
POPPING CANDY
HIGHLIGHTING
SERUM



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The Saturdays' Vanessa White says: 'I'm a huge fan of radiant, dewy skin. You only have to apply a thin layer of this for an instant natural glow.'

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PERFECTING PRIMER



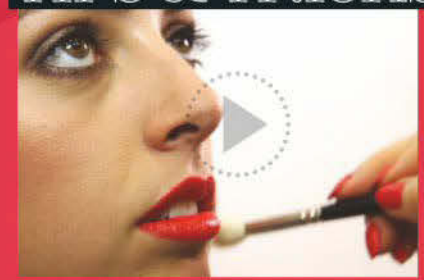
DESIGNER

Like a facial in a bottle!

PRIME TIME

Before you apply your slap, use one of these to give your skin its glow back

TIPS & TRICKS



Want more budget beauty buys? Of course you do! Head to nowmagazine.co.uk for tips and tricks on how to cheat a designer look with high street prices

Words: Lydia Thompson. Photos: Rex



 Introducing the first deodorant proven to leave no white marks on 100 colours. Including Beth's favourite Danger Red.



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WHAT HAPPENED WHEN

Mollie King gave Now a makeover!

The Saturdays star wows Style Content Director Gilly with her make-up know-how

Mollie King is on a one-woman mission to prove that contouring isn't just for professh make-up artists (and Kim Kardashian), starting with her new role as ambassador for Maybelline UK. So when the singer offered to give Now HQ a make-up masterclass – plus a mini makeover to boot – well, we could hardly refuse, right?

What Now's Gilly *couldn't* have factored in is how much Mollie actually knows about make-up – not just the best ways to apply it, but also how to look absolutely fabulous in five minutes flat. Proving that she's human just like us (!), Mollie chortled her way through the contouring class, sharing wowee tips for every skin tone, type and occasion.

Hell, she even knows how to contour your cheekbones to make you look younger and slimmer, how to move your eyes across your face *and* how to straighten a wonky nose (said nose provided by Gilly *Sigh*). Are you gagging to know Mollie's five key contour tricks to try before you die? Ah, go on then...

A

MOLLIE'S 5-STEP MAKE UP MASTERCLASS

1

WORK YOUR FACE SHAPE

'A selfie gives you a more objective view than a mirror so take one to find the basic shape of your face. Mine's on the longer side so I use contouring to create width.'

2

FIND A FOUNDATION THAT FITS

'Test it on your face, not the back of your hand, in good, natural light. Try **A Maybelline SuperStay Better Skin Perfecting Concealer**, £6.'

3

THE CONTOUR COMMANDMENTS

'Use shading to slim your face.' Now ♥s **B Charlotte Tilbury Filmstar Bronze & Glow**, £49 + **C Maybelline Master Sculpt Contouring Palette**, £6.99.

4

HIGHLIGHT!

'If you're trying to straighten a nose or open up your eyes, go heavy on the highlighter. It's easy to fake a straight line.' Try **D St Tropez Highlighter** £8.40.

5

KEEP YOUR FACE LOOKING FAB ALL DAY LONG

'Set with **E Maybelline Fit Me Powder Flawless in Nude**, £5.99. Blend with a brilliant brush, such as **F Maybelline Expert Tools Face Brush**, £5.99.'

Words and styling: Gilly Ferguson. Photos: Rex. Mollie King is the new UK ambassador for Maybelline New York, which is celebrating 100 years. Find out more at maybelline.co.uk



See what happened when Mollie gave Now a makeover and marvel at her make-up whizziness at nowmagazine.co.uk/tag/Mollie-King

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let's feel good

YOU & Improved

Health, heart, happiness –
how to supersize your life

Make work healthier with The Body Coach



Joe Wicks has been transforming bodies for years, so if there's any diet advice to listen to, it's his

Not for nothing is Joe Wicks known as The Body Coach. Check out his hilarious Instagram @TheBodyCoach for healthy tips and tricks (and check *him* out too – he's pretty fit, in every sense!) Here are some of his top tips for the office...

- **Deskside brekkie:** boil some eggs before you leave the house, then mix with spinach and avocado and munch while you sift through your morning emails.
- **Tense your tum and tush** often while at your desk, then get up every half an hour and walk around. Offer to make tea – you'll become the office favourite, too!
- **Buying healthy, on-the-go lunches** can be tricky, so prep your weekly meals each Sunday. If you

forget, head to the supermarket at lunchtime and bag some protein, loadsa veggies and boom, you've got yourself a lean-in-15 meal.

- **Eat two snacks a day** that are protein- or healthy fats-based, such as a handful of nuts, a protein shake or a boiled egg. Fruit such as melon, blueberries, apples and pears are good, but limit to one a day and only two to three a week.
- **Stay hydrated** – set an alarm to remind you to drink every hour. Aim to drink 2-4ltr water a day – a hydrated body is more efficient at burning fat. And always pair tea or coffee with a glass of water.
- **Fit in exercise when you can** – see it as a reward for your body, not a punishment! Run home instead of getting the bus or get off a stop before your normal station.

TURN FOR MORE ♦♦



ON
TRIAL

Eggs on the go

Pod Super Food Scrambled Eggs, £3.99
367 cal

Ditch the toast – this one's a winner!



Pret Smoked Salmon & Egg Protein Pot, £2.49
108 cal

Not enough for breakfast, but a good filler if you're on the go.



Crussh Scrambled Eggs with Feta, Herbs & Chilli, £3.65
340 cal

A great healthy breakfast. Be even better and go for the salmon option.



ACAI BERRIES

A great source of vitamins C and E, iron and potassium, these also have very high concentrations of anthocyanins, an antioxidant. In fact, gram for gram, they contain over 40 times more antioxidants than an apple!

KALE

Superfood of the moment kale is rich in lutein, a type of antioxidant that's beneficial to eye health and protects skin from UV damage.

SWEET POTATO

A good alternative to regular spuds, these have a lower glycaemic index and provide lots of beta carotene – a form of antioxidant vitamin A that helps to

nourish eyes and skin. It's also found in other orange fruits and veg, such as cantaloupe melons, carrots and squashes.

GARLIC

The allicin in garlic is regarded as a powerful antimicrobial agent. It's also anti-inflammatory and can help boost your immunity.

SPIRULINA

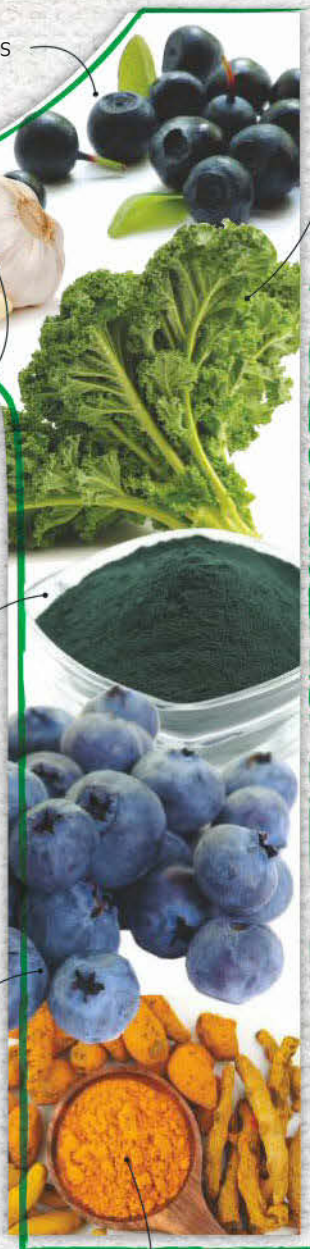
Spirulina, a bacteria extracted from seaweed, contains all eight essential amino acids and is one of the best plant sources of protein.

BILBERRIES

Studies show these have anti-inflammatory and antioxidant properties for maintaining a healthy heart, eyes and skin.

TURMERIC

This contains the anti-inflammatory curcumin, which can help restore healthy blood pressure and cholesterol levels. Use on the skin to calm inflammation.



GREEN TEA

Studies say a cuppa could help prevent Alzheimer's and aid weight loss.

GRAPES

Grapes and their seeds are rich in antioxidant flavonoids. Studies indicate that grape seed extract may help with weight loss.

ESSENTIAL SUPERFOOD

These are the superfoods to stock up on, says VITL, a service that sends you the vitamins you need directly to your door

GOJI BERRIES
A good source of vitamins A and C, selenium and other phytonutrients that benefit skin and eyes. Research suggests they can also help support healthy digestion.

CHLORELLA
Helps the body to remove toxins and is thought to aid cell renewal and activate the enzymes needed for digestion. It also contains iodine, vital for thyroid function and adrenal activity.

GINGER
Studies show that ginger can lower nausea and stomach pains by 38 per cent. It soothes the digestive tract and boosts immunity.

BLACKBERRIES
An excellent source of powerful antioxidants anthocyanins and ellagic acid. Low-calorie and high-fibre, too!

BROCCOLI
Thought to help defend against cancer, it has bone-strengthening vitamin K and immunity-boosting vitamin C.

ORANGES
Contain citrus bioflavonoids, phytonutrients that help to increase vitamin C absorption – vital for your immune system.

INSTACRUSH Log in

@KateHudson

Her munchies: [Karlie Kloss cookies](#). Supermodel snacks? Yes please!

Her moment: [11:40-11:50am](#)
[10 Mindful Minutes](#) #quiet
[#SettingIntentions](#) #peace

do everything with so much love in your heart that you would never want to do it any other way.

Her mantra: [If you're gonna do it, do it right!](#)

Post-workout wonders

THE LOTION
This Works In Transit Muscle Therapy, £18

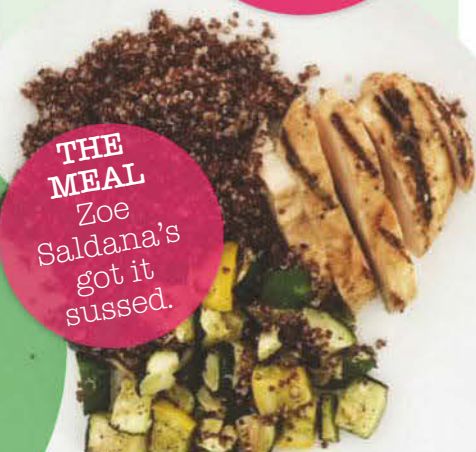


Your massage therapist in a rollerball, to ease the burn of tired muscles.

THE SOAK
Kneipp Muscle Soothing Juniper Mineral Bath Salt, £8.95



THE MEAL
Zoe Saldana's got it sussed.



THE TIP
Stretch and don't overwork. 'Your body needs the yin with the yan,' says Ellie Goulding.

Capri-Sun

minions

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PICK UP A PROMOTIONAL PACK IN
STORE FOR YOUR CHANCE TO
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You & Improved

Oh.My.Bod.

Nutritionist **Madeleine Shaw**,

24, shares her top to toe health tips

'I love a glass of red wine'

HEIGHT: 5FT 7IN
WEIGHT: 9ST
DRESS SIZE: 8

What exercise do you do?

I'm finishing my yoga teacher training course, so I do that three or four times a week. I do Pilates, which is really intense – your abs kill! And I do bungee kicks, where you kick up through an elastic band to activate your glutes.

Is there any exercise you don't enjoy?

I'm not big on spinning. I know it's really good for you, but I just get so bored doing the same movement over and over. I prefer dancing.

Have you ever had any health problems?

When I was 18 I developed really bad digestive problems. I felt really depressed, I had dry skin and my hair was falling out. Then I discovered the philosophy behind whole foods and learnt why your body reacts to certain foods. It's all about a healthy lifestyle, rather than counting calories or dieting.

Do you have any guilty food pleasures?

I'm not perfect, but wheat and gluten can trigger my IBS so I can't eat cake or pizza. I make alternatives using buckwheat flour and raw snacks like orange and oat date balls, which satisfy those cravings. I'm terrible on hangovers, so I'm not a big drinker, but I love a glass of red wine or gin and tonic.

Madeleine's recipe book *Get The Glow* is out now (£9.99, Orion)

MADELEINE'S FOOD DIARY

Now's expert sports nutritionist **Ollie Frost** gives his verdict on her daily diet



Breakfast

I had porridge made with amaranth [a gluten-free grain].

OLLIE SAYS This contains the carbs needed for optimal brain function. Complex carbs are digested slowly, giving you lasting energy during the day.



251 cals

Lunch

Thai prawn soup with courgetti.

OLLIE SAYS Prawns are a good source of omega-3, which can reduce your risk of heart disease. Homemade soup's a good way to fill up without too many calories.



390 cals

Dinner

Cauliflower pizza – the base is made from ground-up cauliflower and eggs, and you just add a topping.

OLLIE SAYS Substituting cauliflower for bread is a great way to enjoy your fave foods minus additional calories. Eggs contain protein to help you build up lean muscle – perfect for fat loss.



544 cals

Snacks

Dates, figs and nuts and herbal tea – liquorice and peppermint tea really helps my sugar craving.

OLLIE SAYS Dates and figs are a source of fibre, essential for your digestive system and heart health.



389 cals

TOTAL CALS 1,574 (GDA 2,000)

VERDICT It's clear from her food diary that Maddie is an expert in the field of nutrition. Her diet is very varied, which means she doesn't have any deficiencies in her vitamin and mineral intake. Her clever, out-of-the-box meal ideas keep her diet fresh and interesting, which makes it easy to stick to eating healthily.

Follow Ollie on Twitter @Ollie_Frost

Now 87

Because first impressions count



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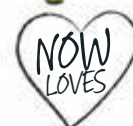
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Add a splash
of colour
to your home
with these
summery
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sunshine



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Three
nights'
b&b from
£199
per person

ICELAND NORTHERN LIGHTS BREAK

Iceland is a country of diversity, with a mix of magisterial glaciers, bubbling hot springs and rugged fjords, plus the famous Northern Lights. With activities such as horse riding, whale watching and glacier hikes, it's perfect for an adventure holiday. Relax in the modern Hotel Cabin, ideally located in the centre of Reykjavik within easy access of the main attractions, nightlife and restaurants.

WHAT'S INCLUDED

Departing September 2015 to January 2016.

The price includes:

- Return flights to Reykjavik, taxes and transfers
- Three nights' three-star accommodation with breakfast at the Hotel Cabin
- Northern Lights tour

Seven
nights'
all-inc from
£299
per person

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Explore the glorious beaches, ancient treasures and impressive mountains of the Greek isle of Crete. Mitsis Serita Beach Hotel is located right on the beach in the picturesque and peaceful resort of Anissaras – within easy reach of the nightlife. The hotel offers two outdoor pools, tennis courts, free wi-fi in the lobby and evening entertainment.

WHAT'S INCLUDED

Departing June to October 2015. The price includes:

- Return flights to Heraklion
- Seven nights' five-star all-inclusive at the Mitsis Serita Beach Hotel

Check out
the amazing
Northern Lights



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delights of
Crete



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Scopes

SATURDAY 13-FRIDAY 19 JUNE

Your week ahead with **David Wells**

You & Improved



KYM MARSH
turns 39
on 13 June

IF IT'S YOUR BIRTHDAY THIS WEEK...

You're not really too sure what's going to happen next. The paralysis caused by indecision may dog the early days of your personal new year, but only if you let it. Shift instead to a mindset of taking action and embracing adventure. Love is a defining force – from September new foundations will be built as romance starts to steady and true love holds.

GEMINI 22 May-20 Jun

A shift of power in your chart throws another spanner in the works that were turning in your favour. But don't panic – it'll reveal where changes need to be made for things to work better.

Call for more on New Moon gifts.
UK: 0905 8171563* IRL: 1560 787903*

VIRGO 23 Aug-22 Sep

When you get into the right mentality you're unstoppable, but is that a good thing? Take care, Virgo – you may see the finish line, but not the obstacles that could knock you off course.

Work and career need care. Call me.
UK: 0905 8171566* IRL: 1560 787906*

SAGITTARIUS 23 Nov-21 Dec

A week for lightening up and realising you have support, so you don't have to do it all on your own. No matter where you need help, ask – a grand plan runs a lot smoother if you do.

Call for more on a new romance.
UK: 0905 8171569* IRL: 1560 787909*

PISCES 20 Feb-20 Mar

A positive shift with a family matter is welcome, but you still have some way to go. Don't just assume it all runs itself from now on. You're the driving force, so steer things in your direction.

Workplace romance? Call for more.
UK: 0905 8171572* IRL: 1560 787912*

CANCER 21 Jun-22 Jul

You know where your bottom line is. You can't advertise it or draw it in the sand – you just expect people to have a sense of what's acceptable. A line has been crossed, so issue a warning.

Work stress eases. Call for details.
UK: 0905 8171564* IRL: 1560 787904*

LIBRA 23 Sep-22 Oct

As your finances come under review you may think: 'Here we go again.' But it's a check-up, not a complete restart as in previous years. It'll encourage more attention and more money.

Call me to hear about networking.
UK: 0905 8171567* IRL: 1560 787907*

CAPRICORN 22 Dec-20 Jan

A fresh approach at work isn't something to be wary of. In fact, it does you a lot of favours. See where your skills can meet new demands and don't be shy about making yourself heard.

Socialising brings allies. Call me.
UK: 0905 8171570* IRL: 1560 787910*

ARIES 21 Mar-20 Apr

You may think you know what someone wants, but unless the two of you talk can you be really confident? There's nothing wrong with asking for clarity to prevent you wasting more time.

Love, work and money – call me.
UK: 0905 8171561* IRL: 1560 787901*

LEO 23 Jul-22 Aug

With Venus in your sign, you may think you're all that and a bag of chips – and you'd be right! She's helping you to get noticed, but what do you have in mind? Smile, Leo – you're on a roll.

Call for more on domestic changes.
UK: 0905 8171565* IRL: 1560 787905*

SCORPIO 23 Oct-22 Nov

Saturn returns until mid-September to make sure you're following through on those life-changing decisions you made. He'll even take away excuses and cause disruption if necessary.

Secrets are out. Call to hear more.
UK: 0905 8171568* IRL: 1560 787908*

AQUARIUS 21 Jan-19 Feb

A New Moon and Venus bring the gift of new romance this week – or add some sparkle to one that may have lost its lustre. Saturn turns a career goal into a serious business, too.

Call for more on a really busy week.
UK: 0905 8171571* IRL: 1560 787911*

TAURUS 21 Apr-21 May

There's a relationship reality check coming as Saturn shifts back a sign, which is a way to make sure you're keeping your promises. Time to celebrate someone special in your life.

Call for more on positive vibes.
UK: 0905 8171562* IRL: 1560 787902*

Photo: PA

*BT calls cost 77p/ROI landline calls cost €1.28 per min and last approx 4 mins. Other networks may charge more. Users must be over 18. Weekly lines updated on Saturdays. For entertainment purposes only. SP/IP: Spoke (UK: 0333 202 3390/ROI: 01437 8815)

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The

Fix

What'll get
your pulse
racing
this week

MOTLEY *crew*

Entourage At cinemas 19 June

Film star Vincent Chase (Adrien Grenier) and his gang of mates are back, this time on the big screen. The TV show finished in 2011, so it's been a long, long wait. Stressed-out agent turned film boss Ari Gold (Jeremy Piven) is bankrolling Vince's directorial debut for a cool £66 million. So what could go wrong? Well, for a start, Vince has gone £10 million over budget and the boys need to find the cash. Quick. Which is kind of stressful and leads to lots of the usual japes. Watch out for cameos from Calvin Harris, Thierry Henry, Piers Morgan and Pharrell Williams.

FILM

LEADER OF THE PACK

There's something hot about a guy with a gang – like this lot...



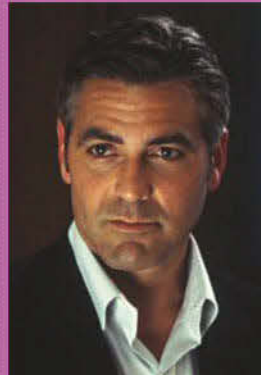
**DANNY
ZUKO,
GREASE**

The hair. The leather. The voice. Even when he was pretending to be a geek, Danny (John Travolta) was the coolest T-Bird around.



**FRODO, THE
LORD OF
THE RINGS**

OK, so he's a hobbit. But he has the face of Elijah Wood and that's a thing of wonder. Even if he is obsessed with a magic ring that makes him faint a lot.



**DANNY OCEAN,
OCEAN'S 11**

Gorgeous George Clooney is every girl's dream and when he's playing Danny he's even hotter. We're not condoning theft, of course, but pulling off a casino heist is pretty cool.



A quickie with...

RUPAUL

We catch up with legendary US drag queen RuPaul, 54

Now that RuPaul's Drag Race is showing on truTV, you'll have a whole new UK audience...

It's starting with season four, which is a really different season. It's more political, a little bit scary, a little bit edgy. I think UK audiences can deal with that. The UK drag scene really takes the piss, in a fabulous way.

Tell us how the show works.

It's a search for the next drag superstar. We put the contestants through a series of challenges, not unlike my own journey in showbiz. I sing on stage, I star in movies and I produce, so we turn everything I've done into challenges. Then, at the end of each show, the bottom two have

to lip sync for their lives.

Michelle Visage, who we know from Celeb Big Brother, is on the show. Would you ever do it?

I don't have time! I'm also more of an introvert than you imagine. And I'm a Scorpio, so I'd come out punching.

I'd render my opponents poisoned and paralysed.

Which guest judges will we meet on the show?

There's Pamela Anderson and in the later series we have Ariana Grande and Demi Lovato. The life of a female pop star isn't really that different to the life of a drag queen! I'd love to get Cher on. No one knows drag like Cher!

RuPaul's Drag Race is on truTV at 10pm on Mondays and Tuesdays



FILM

ORANGE *crush*

Orange Is the New Black Netflix, from 13 June

The feminist prison comedy to end all feminist prison comedies is back for season three, so prepare to say goodbye to your weekend and get your binge-watch on. This season is rumoured to be lighter in tone, with themes of motherhood as a constant. Well, Daya's got to have that baby some time... We can't wait to meet Chapman, Vause and co for a third outing.

THE HOT SPOT

What makes us sizzle or leaves us cold

SO NOW

Footsie season

Summer's officially here and our feet couldn't be happier after all those months buried in boots. Time to dig out the flip-flops and rock a hot pedi.



Ala.Ni

Ala.Ni's amazing voice is like something from a bygone era. Check out Cherry Blossom on YouTube.



MUSIC

First Dates

The epic dating show has been commissioned for another 24 episodes. You'll have to wait until later this year to watch it, though.



TV

TV



Naked Chris Evans

TFI Friday, Channel 4, 9pm, 12 June
Chris is back for a special one-off of the iconic show, but did he *really* need to strip off for the trailers?

Wimbledon wait

We've got to wait until 29 June before we can get overexcited by Andy Murray and co. But the Queen's Championships this week on the Beeb will help get you in the mood.

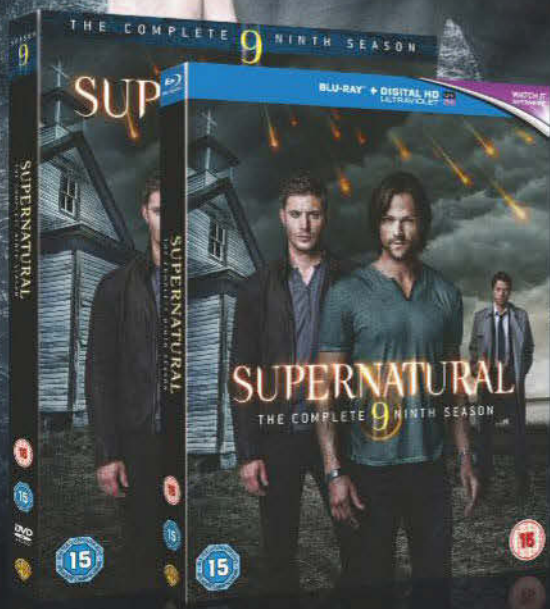


Wait how long? You cannot be serious!

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TV

Chilling IN

The Only Way Is Marbs

ITVBe, 10pm, 14 June

OH YES! Arg, Lydia and all the Essex crew are back and they're in Marbs – because how else would producers get them to argue over who gets the nicest villa and push each other in swimming pools? Prepare to get some serious tan envy.

Game Of Thrones

Sky Atlantic, 9pm, 15 June

It's the final episode of the series! We're taking bets that someone dies, loads of people have sex – and Jon Snow looks sexy as hell.

TV



Prized Apart

BBC1, 7pm, 13 June

Emma Willis and Reggie Yates are reunited for this new family show in which 10 couples battle it out for the chance to win the prize of a lifetime. No pressure, then.

TV



Wedding Weekends

Movies 24, during June

This is the perfect chance to get mushy (even better if you're a bridezilla) as each weekend in June Movies 24 airs a ton of wedding-themed films, from I Think I Do to I Married Who? Cheesy but good.

TV



Chilling OUT



FILM

Accidental Love

At cinemas 19 June

Jake Gyllenhaal and Jessica Biel star in this quirky flick about a roller-skating waitress who, er, gets a nail accidentally lodged in her head. You'll think twice about hitting the rink.

Found Festival

Brockwell Park, London, 13 June (foundfestival.com)

The electronic music festival is back for a third year, and it's even bigger than ever. Tickets are a snip at £44, so get involved!

FESTIVAL SPECIAL



Dekmantel Festival

Amsterdam, Holland, 30 July-5 August

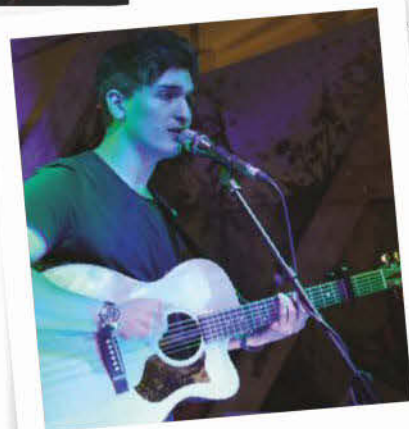
(dekmantelfestival.com)

This Dutch dance festival is so cool we almost kept it a secret – but we'll tell you anyway. Get booking!

Kopparberg Urban Forest

Hackney Wick, London, from 10 June (kopparbergurbanforest.com)

Cider + music = an excellent combo. This free music event sees Scandi culture collide with London in a magical forest clearing.



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Letters & Emails

CONFIDENT Kellie

Now's interview with Kellie Maloney was so touching. I'm not transgender myself but I know someone who is and Kellie has allowed many people to face their struggles with confidence.
Sarah, Lancashire

EMAIL
OF THE
WEEK

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LOVIN' LOZ

I was really interested to read Lauren Goodger's interview. I have problems with anxiety too and I'm now going to pluck up the courage to speak to my doctor. I hope she feels better soon.
Vivien, London



#TWITTERLOVE

What the stars – and you! – have been Tweeting to @NowMag this week

@vickstervicki @kelliefmaloney Just read @NowMag Great article... you looked amazing #swimsuit

@VickyGShore " @NowMag Yes @VickyGShore!!!! All hail #JudgeGeordie @MTVJudgeGeordie" Thank you so much guys!!!!

@ApapMargaret @MrPeterAndre @NowMag Your Peter Andre video is so funny I actually laughed out loud

@_lindsaystark Totally relate to @LaurenGoodger in her interview with @NowMag She's really quite inspirational, lot of respect for her!



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1999



SETH GREEN

VERNE TROYER

HEATHER GRAHAM

MIKE MYERS

Whatever happened to....?

Austin Powers

1997



ELIZABETH HURLEY

The cheeky comedy trilogy? Yeah baby!

Canadian-born actor Mike Myers played secret agent Austin, the wonky-toothed flirt with a fondness for outrageous outfits, in the spy movie spoofs. He was joined by an all-star cast including Elizabeth Hurley, Seth Green, Heather Graham and Verne Troyer.

So what about those sexy sidekicks?

Elizabeth, alias Vanessa Kensington, was famously dating Hugh Grant when she starred in

the first Austin Powers film, but in 2000, after 13 years together, they split. In 2002, Liz gave birth to son Damien with US businessman Stephen Bing. Now 50, she's continued to act, currently appearing in US TV series The Royals as Queen Helena. Obvs.

And Heather?

Heather played Felicity Shagwell in 1999's The Spy Who Shagged Me and has since starred in The Hangover and The Hangover 3 and, most recently, TV drama Californication. Now 45, she's still a bit of a sex symbol, appearing in several of FHM's 100 Sexiest Women In The World lists. But these days Heather enjoys playing poker and going to yoga retreats in Mexico, dah-ling.

Isn't Seth a Family Guy now?

Yes! Funnyman Seth, 41, is best known as the voice of Chris Griffin on the US cartoon comedy.

In 2010, he married actress Clare Grant and they've since worked together to produce popular TV shows Warren The Ape and Robot Chicken.

And Mini-Me?

Verne, 46, has continued to act and came fourth on Celebrity Big Brother in 2009. More recently, he appeared on Celebrity Wife Swap USA with girlfriend Brittney Powell, but the 2ft 8in star's probably best known for the private video of him having sex with former girlfriend Ranae Shrider that was leaked in 2008.

What happened to the main man himself?

Mike went on to be the voice of Shrek in the popular animated films. Now 52, the star has a son Spike, four, and a daughter Molly, one, with wife Kelly Tisdale, who he married in 2010. It's rumoured he may yet make a comeback as Austin in another sequel. Groovy baby!

Elizabeth Hurley is godmother to Brooklyn and Romeo Beckham, as well as Patsy Kensit and Liam Gallagher's son Lennon.



BROOKLYN BECKHAM

ROMEO BECKHAM

If you want to hear about or have seen a once-famous celeb – or you are a once-famous celeb! – get in touch at nowmagletters@timeinc.com

Mike began dating second wife Kelly in 2006





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